

# Introducing HealthKit

Session 203

Justin Rushing

iOS Software Engineer

Siji Rachel Tom

iOS Software Engineer



# Existing Applications

# Existing Applications

Statistical Analysis (Graphs, Trends)

# Existing Applications

Statistical Analysis (Graphs, Trends)

Enter Information

# Existing Applications

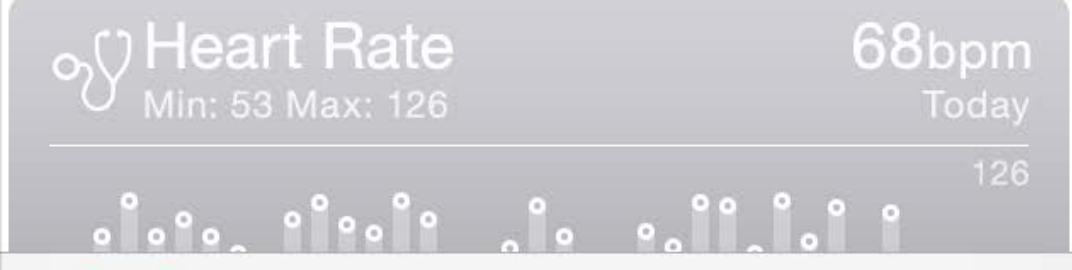
Statistical Analysis (Graphs, Trends)

Enter Information

Applications From Health Providers



## Dashboard



- Dashboard
- Health Data
- Sources
- Medical ID

# Agenda

## HealthKit API

- Creating data
- Saving data
- Asking for data

## Demo

## HealthKit Best Practices



# Data in HealthKit



HKUnit

# HKUnit

Represents a particular unit

# HKUnit

Represents a particular unit

Simple or Complex

# HKUnit

Represents a particular unit

Simple or Complex

Base units classified into types

- Mass, Length, Volume, ...

$\text{mg/dL} = \text{Mass} / \text{Volume}$

# HKUnit

```
HKUnit *g = [HKUnit gramUnit];  
HKUnit *dL = [HKUnit literUnitWithMetricPrefix:HKMetricPrefixDeci];  
HKUnit *gPerdL = [g unitDividedByUnit:dL];
```

# HKUnit

```
HKUnit *g = [HKUnit gramUnit];  
HKUnit *dL = [HKUnit literUnitWithMetricPrefix:HKMetricPrefixDeci];  
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# HKUnit

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HKUnit *gPerdL = [g unitDividedByUnit:dL];
```

# HKUnit

```
HKUnit *g = [HKUnit gramUnit];  
HKUnit *dL = [HKUnit literUnitWithMetricPrefix:HKMetricPrefixDeci];  
HKUnit *gPerdL = [g unitDividedByUnit:dL];
```

# HKUnit

```
HKUnit *g = [HKUnit gramUnit];  
HKUnit *dL = [HKUnit literUnitWithMetricPrefix:HKMetricPrefixDeci];  
HKUnit *gPerdL = [g unitDividedByUnit:dL];
```

or...

```
HKUnit *gPerdL = [HKUnit unitFromString:@"g/dL"];
```

# HKQuantity

Double value relative to a unit

# HKQuantity

Double value relative to a unit

Used for unit conversion

# HKQuantity

```
HKUnit *gramUnit = [HKUnit gramUnit];  
HKQuantity *grams = [HKQuantity quantityWithUnit:gramUnit doubleValue:20];  
double kg = [grams doubleValueForUnit:[HKUnit unitFromString:@"kg"]];
```

# HKQuantity

```
HKUnit *gramUnit = [HKUnit gramUnit];  
HKQuantity *grams = [HKQuantity quantityWithUnit:gramUnit doubleValue:20];  
double kg = [grams doubleValueForUnit:[HKUnit unitFromString:@"kg"]];
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HKUnit *gramUnit = [HKUnit gramUnit];  
HKQuantity *grams = [HKQuantity quantityWithUnit:gramUnit doubleValue:20];  
double kg = [grams doubleValueForUnit:[HKUnit unitFromString:@"kg"]];
```

kg → .02

# HKQuantity

Throws an exception if asked for an incompatible unit

```
BOOL kgCompatible = [grams isCompatibleWithUnit:[HKUnit unitFromString:@"kg"]];  
BOOL kcalCompatible = [grams isCompatibleWithUnit:[HKUnit kilocalorieUnit]];
```

# HKQuantity

Throws an exception if asked for an incompatible unit

```
BOOL kgCompatible = [grams isCompatibleWithUnit:[HKUnit unitFromString:@"kg"]];  
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# HKQuantity

Throws an exception if asked for an incompatible unit

```
BOOL kgCompatible = [grams isCompatibleWithUnit:[HKUnit unitFromString:@"kg"]];  
BOOL kcalCompatible = [grams isCompatibleWithUnit:[HKUnit kilocalorieUnit]];
```

kgCompatible → YES

kcalCompatible → NO

# HKObjectType

*Steps*

**Calories**

**Nike Fuel**

Vitamin C

**Heart Rate**

*Oxygen Saturation*

*Body Temperature*

Distance

Body Mass

BMI

*Potassium*

**Vitamin B6**

**RR Interval**

*Blood Pressure*

BAC

***Body Fat Percentage***

Vitamin B12

**Height**

Respiratory Rate

**Perfusion Index**

**Vitamin A**

Blood Glucose

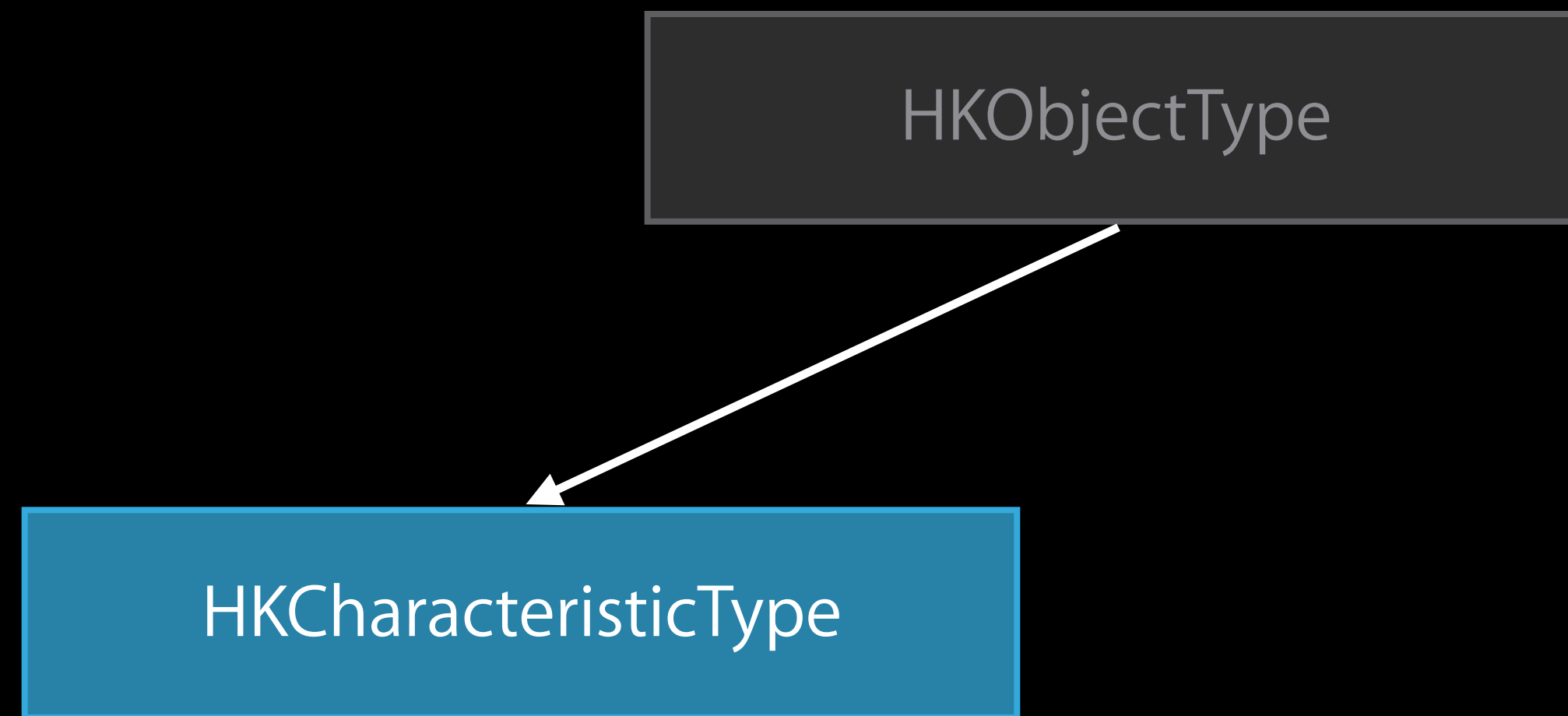
**Vitamin D**

# HKObjectType

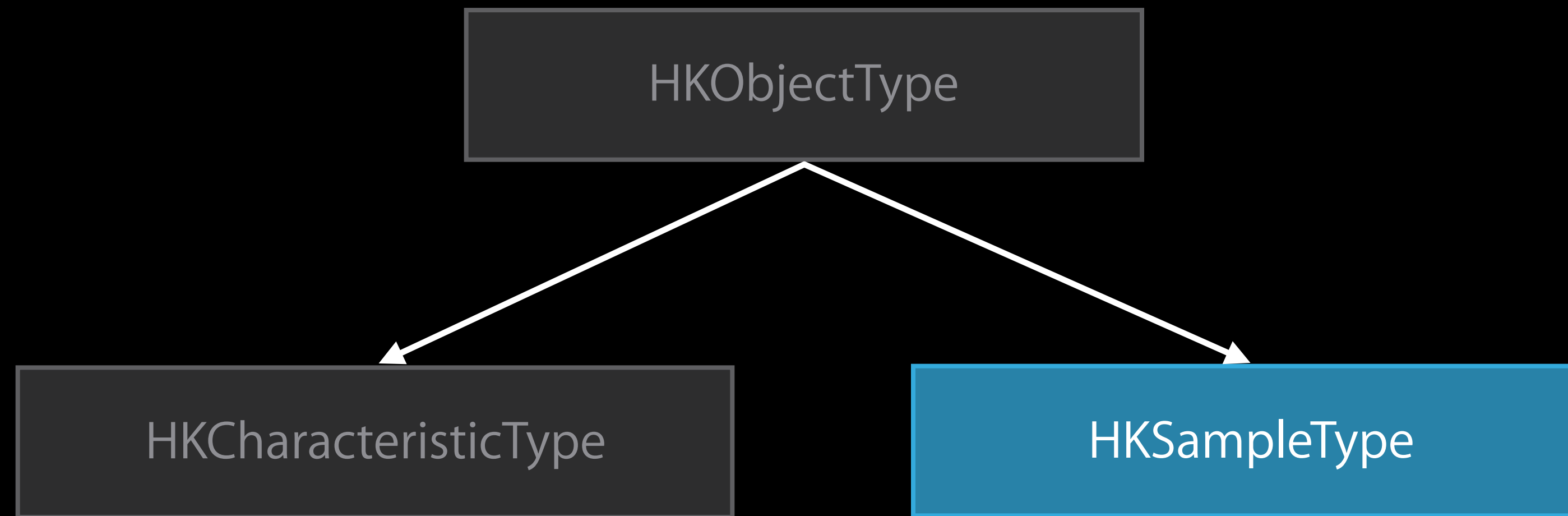


HKObjectType

# HKObjectType

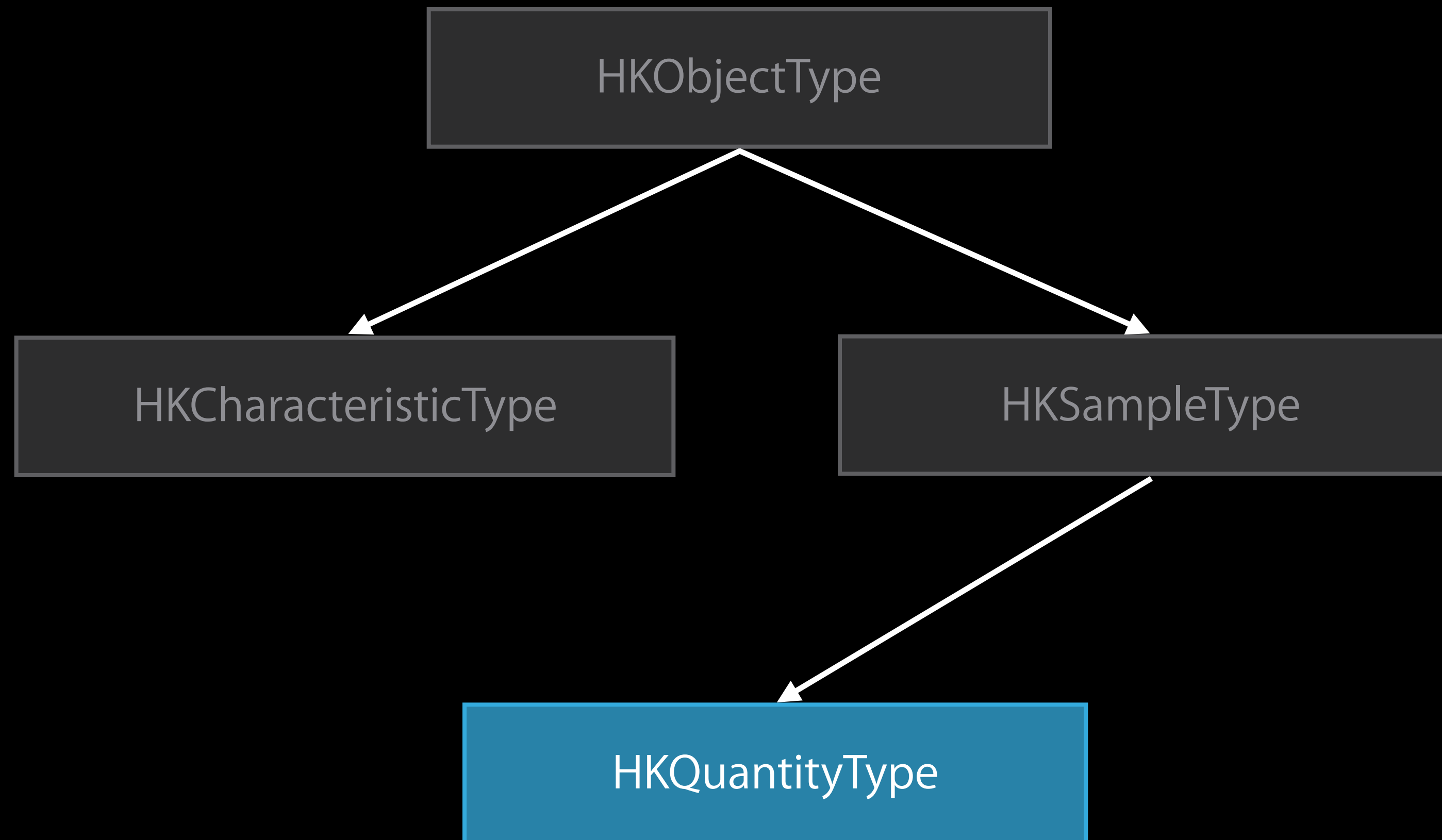


# HKObjectType

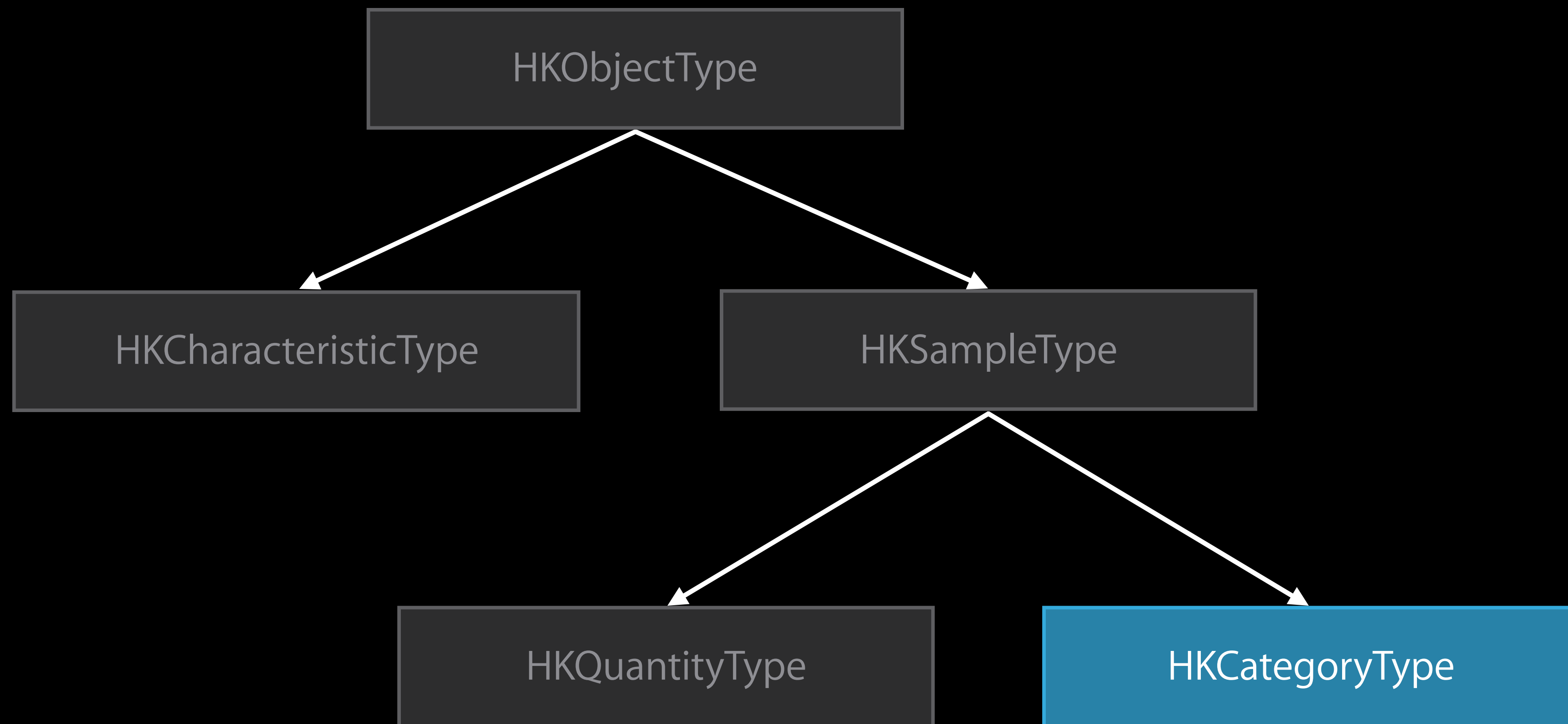




# HKObjectType



# HKObjectType



# HKObjectType

Type identifiers

# HKObjectType

Type identifiers

HKQuantityTypeIdentifierHeartRate

# HKObjectType

Type identifiers

HKQuantityTypeIdentifierHeartRate

HKObjectType Subclass

# HKObjectType

Type identifiers

HKQuantityTypeIdentifierHeartRate

Type Name

# HKObjectType

## Creation

```
@interface HKObjectType : NSObject
```

```
+ (HKQuantityType *)quantityTypeForIdentifier:(NSString *)identifier;  
+ (HKCategoryType *)categoryTypeForIdentifier:(NSString *)identifier;  
+ (HKCharacteristicType *)characteristicTypeForIdentifier:(NSString  
*)identifier;
```

```
@end
```

# HKObjectType

## Creation

```
@interface HKObjectType : NSObject
```

```
+ (HKQuantityType *)quantityTypeForIdentifier:(NSString *)identifier;
```

```
+ (HKCategoryType *)categoryTypeForIdentifier:(NSString *)identifier;
```

```
+ (HKCharacteristicType *)characteristicTypeForIdentifier:(NSString *)identifier;
```

```
@end
```



HKObject

# HKObject

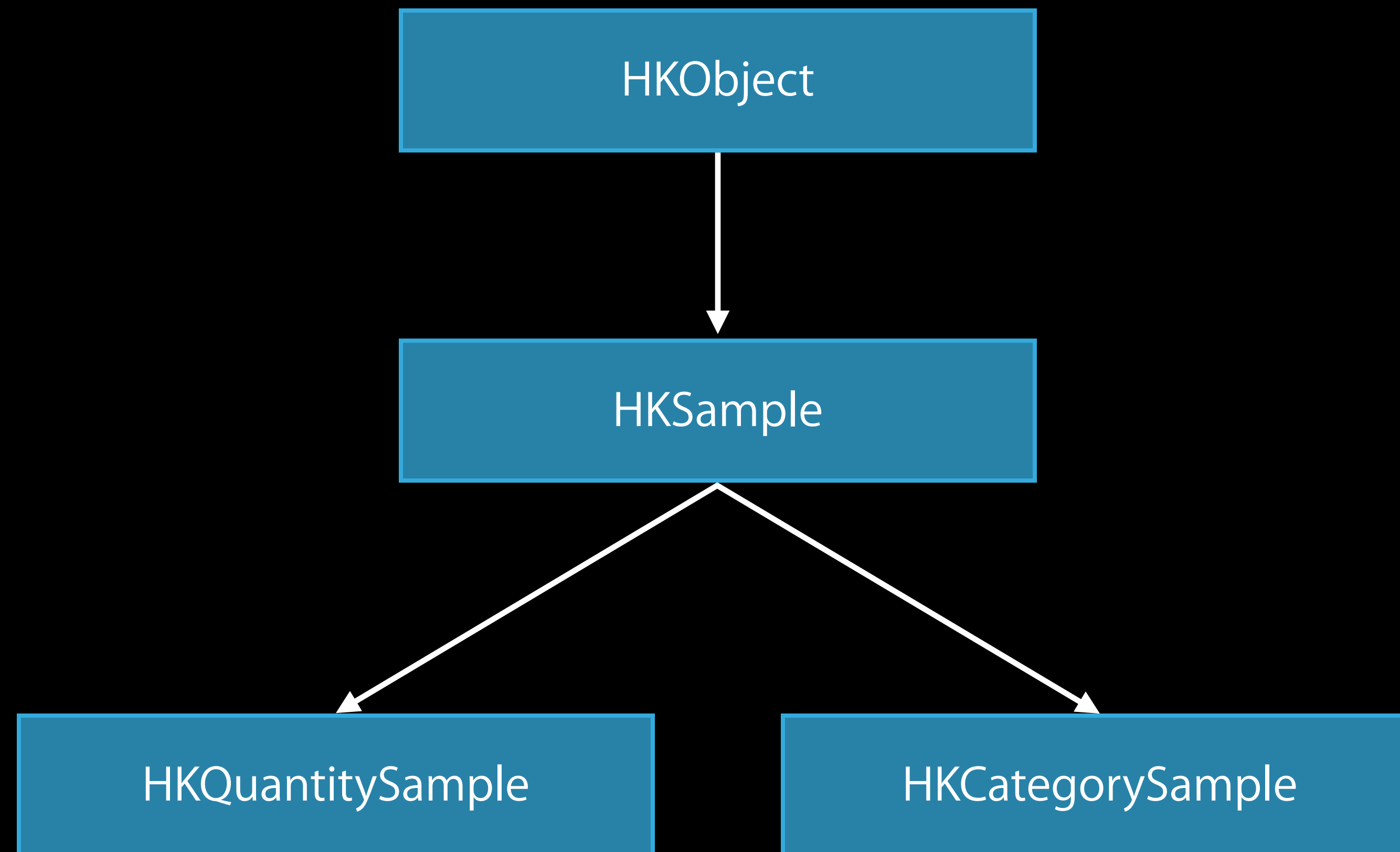
HKQuantity ✓

# HKObject

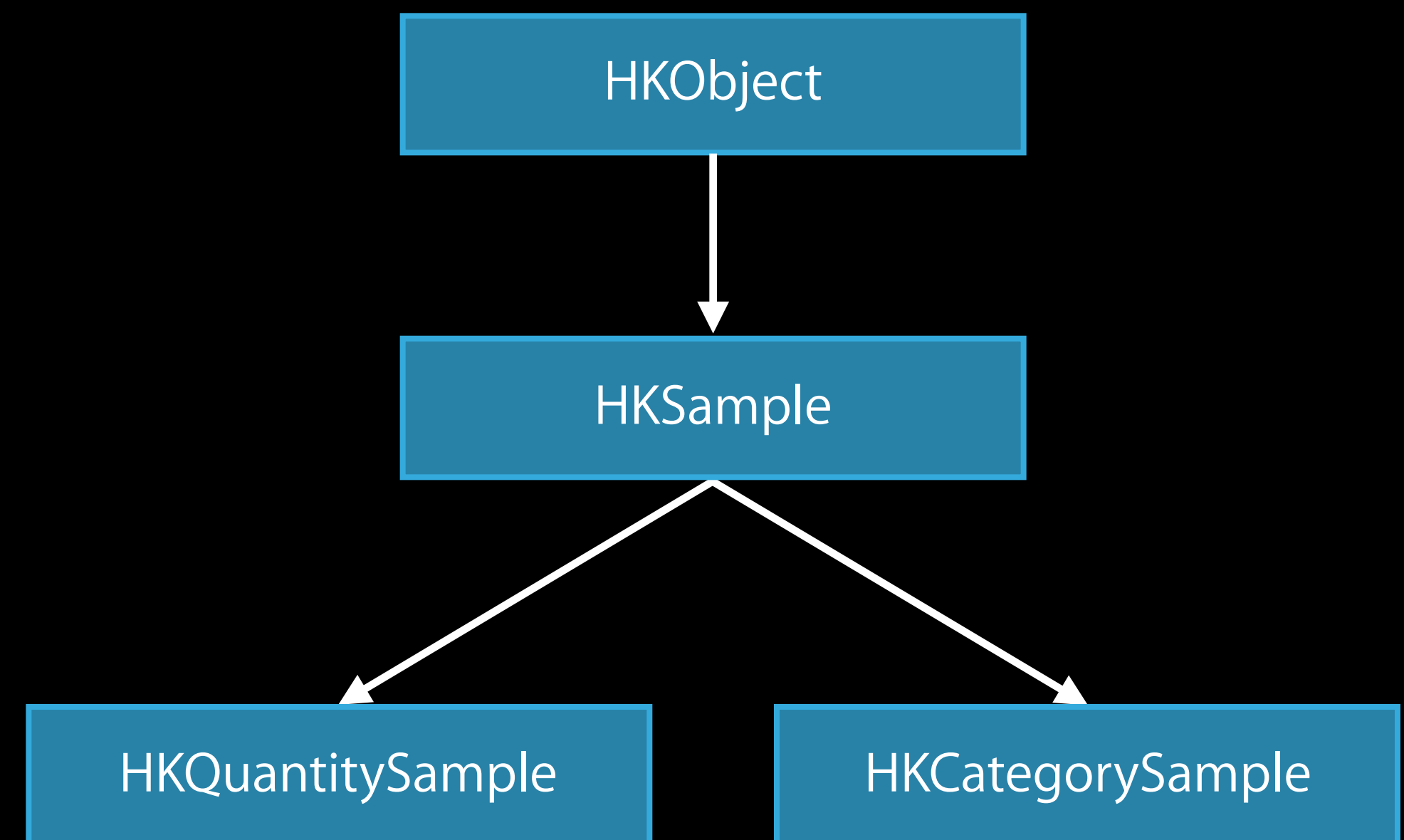
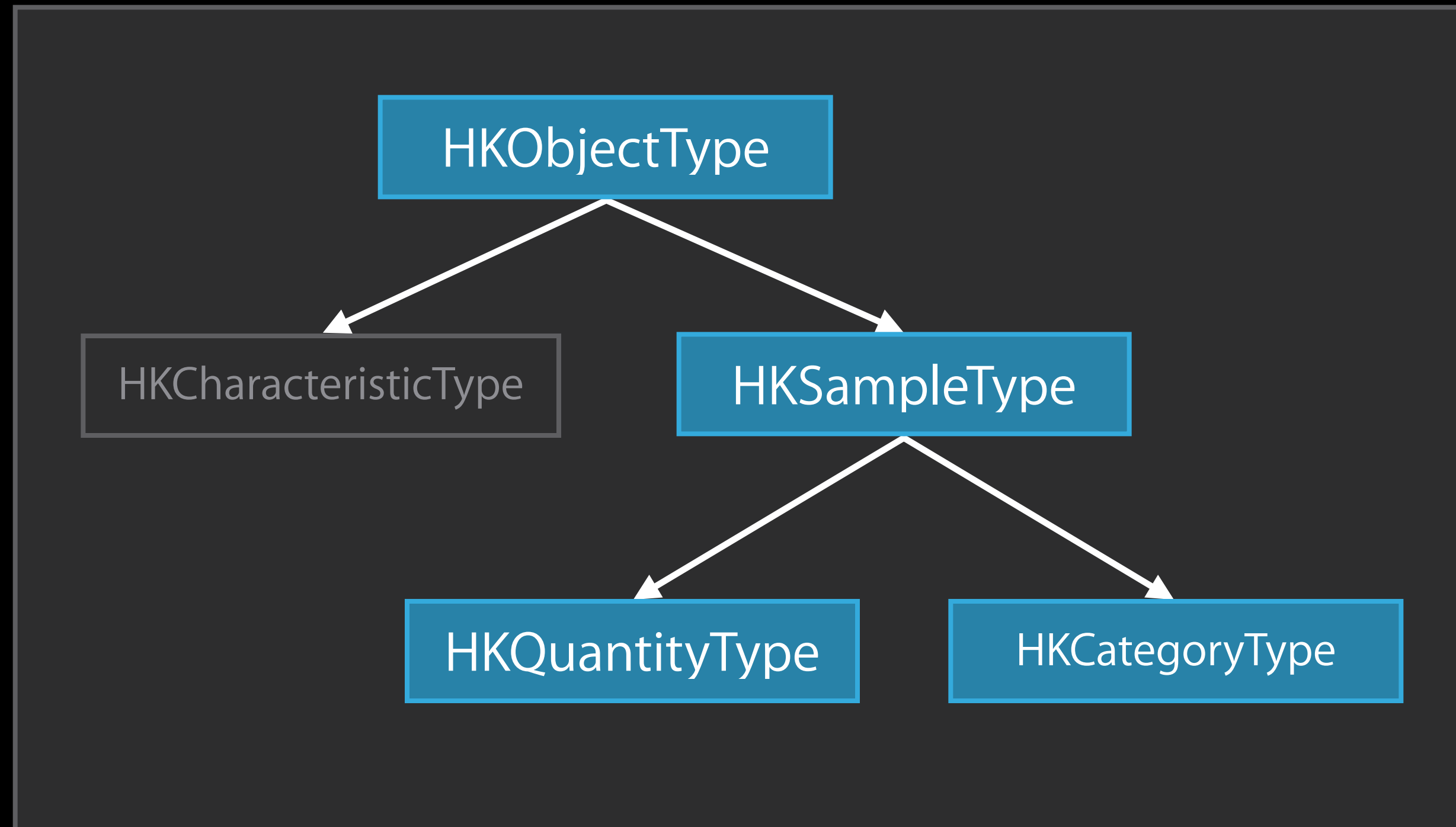
HKQuantity ✓

HKObjectType ✓

# HKObject

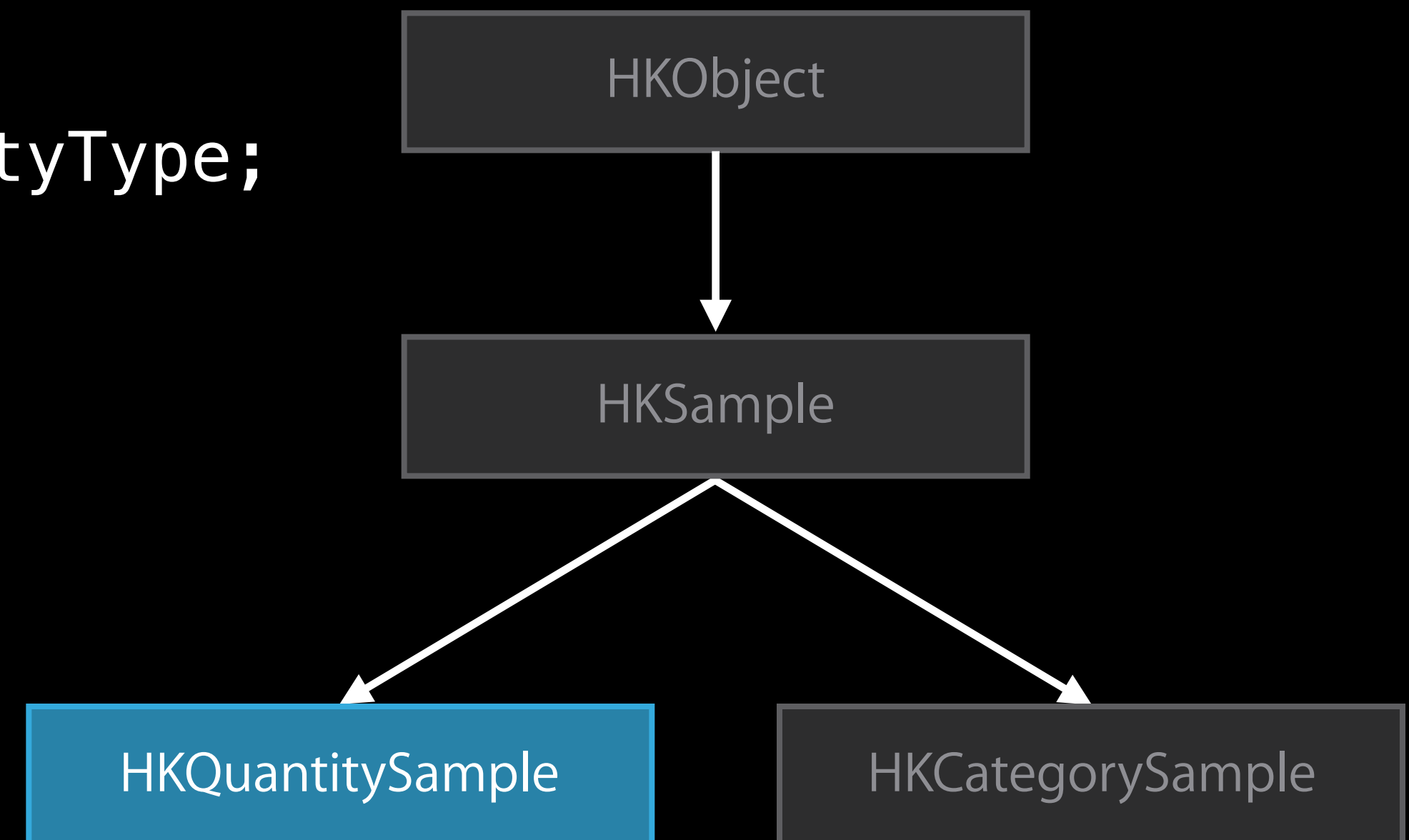


# HKObject



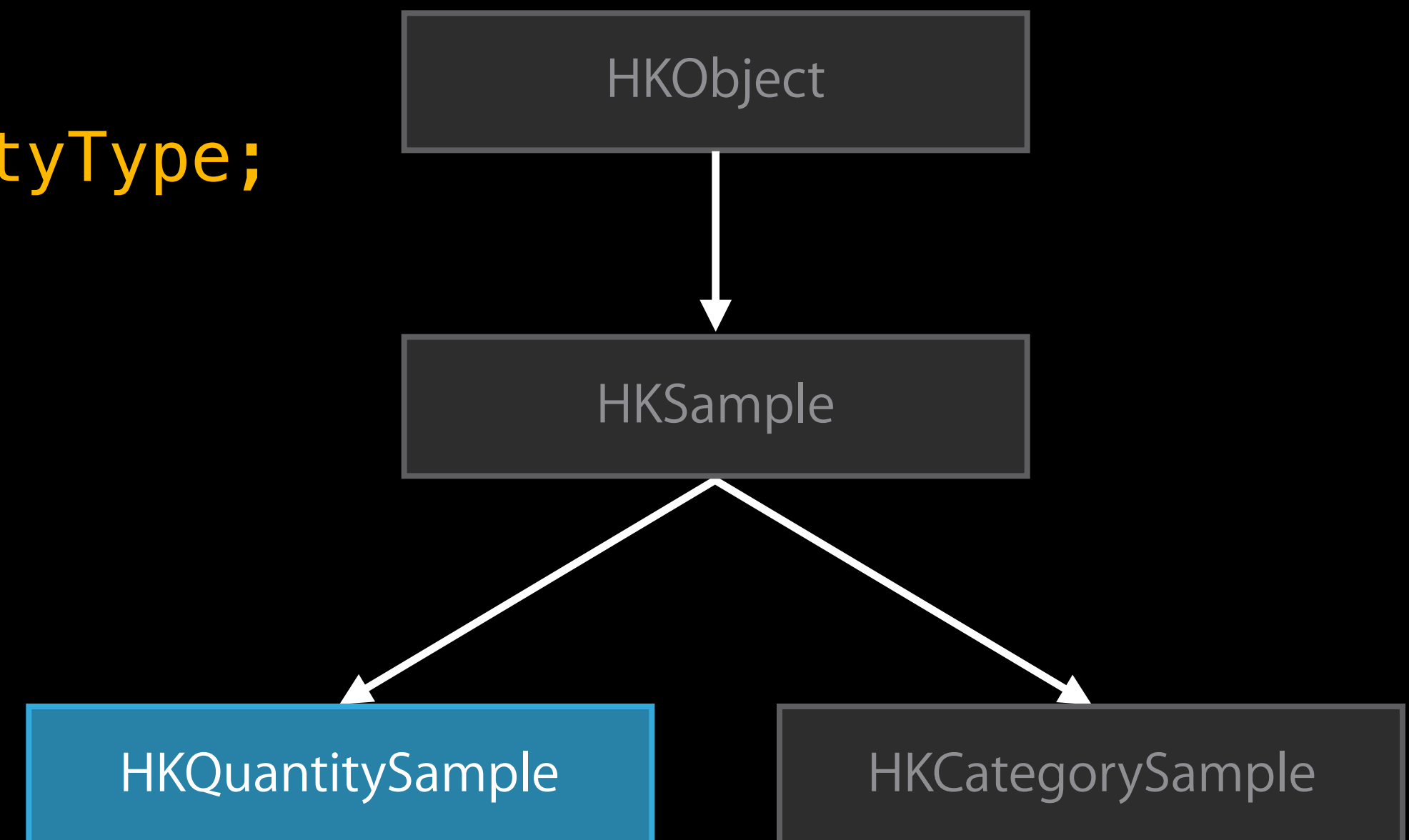
# HKQuantitySample

```
@interface HKQuantitySample
@property (readonly) HKQuantityType *quantityType;
@property (readonly) HKQuantity *quantity;
@end
```



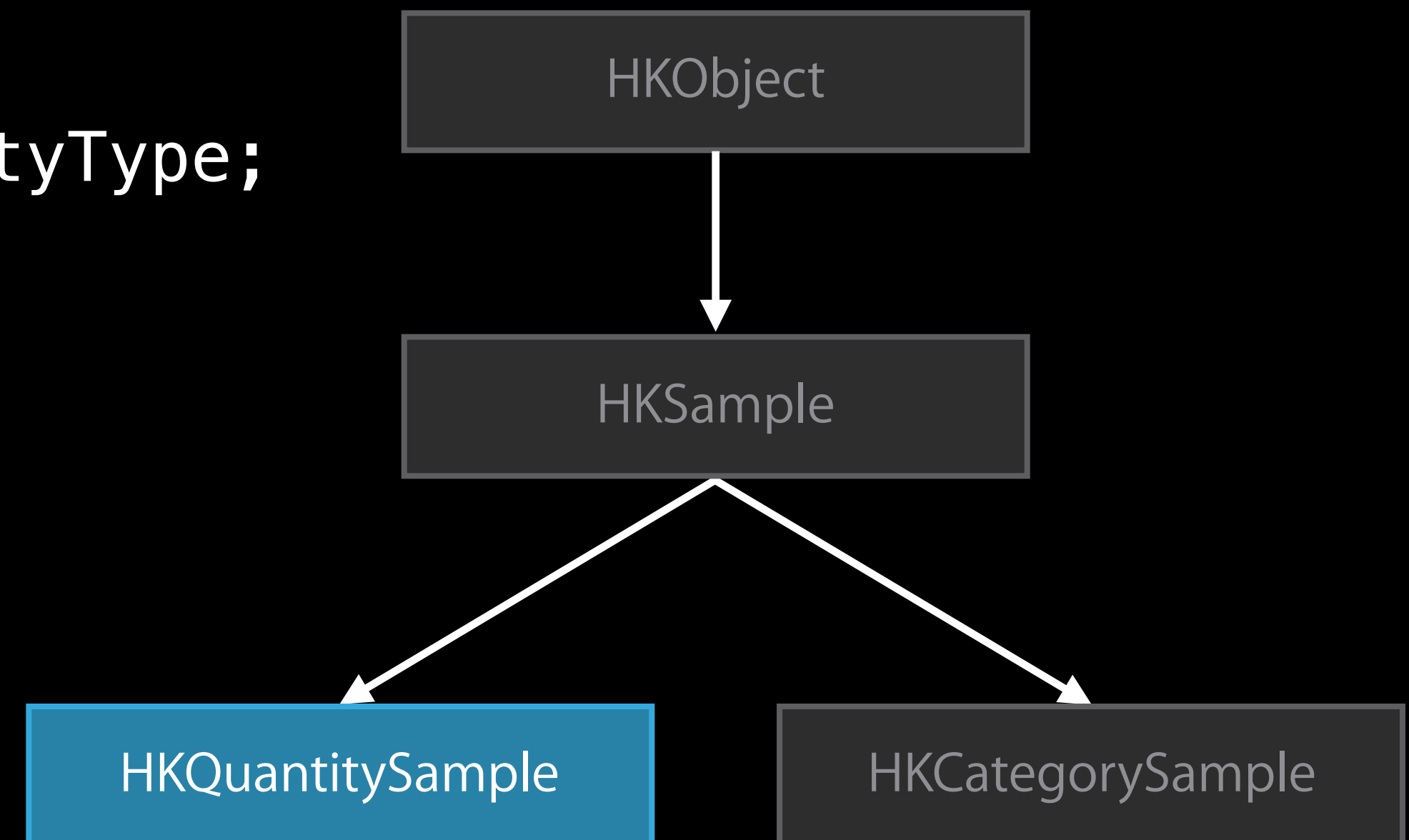
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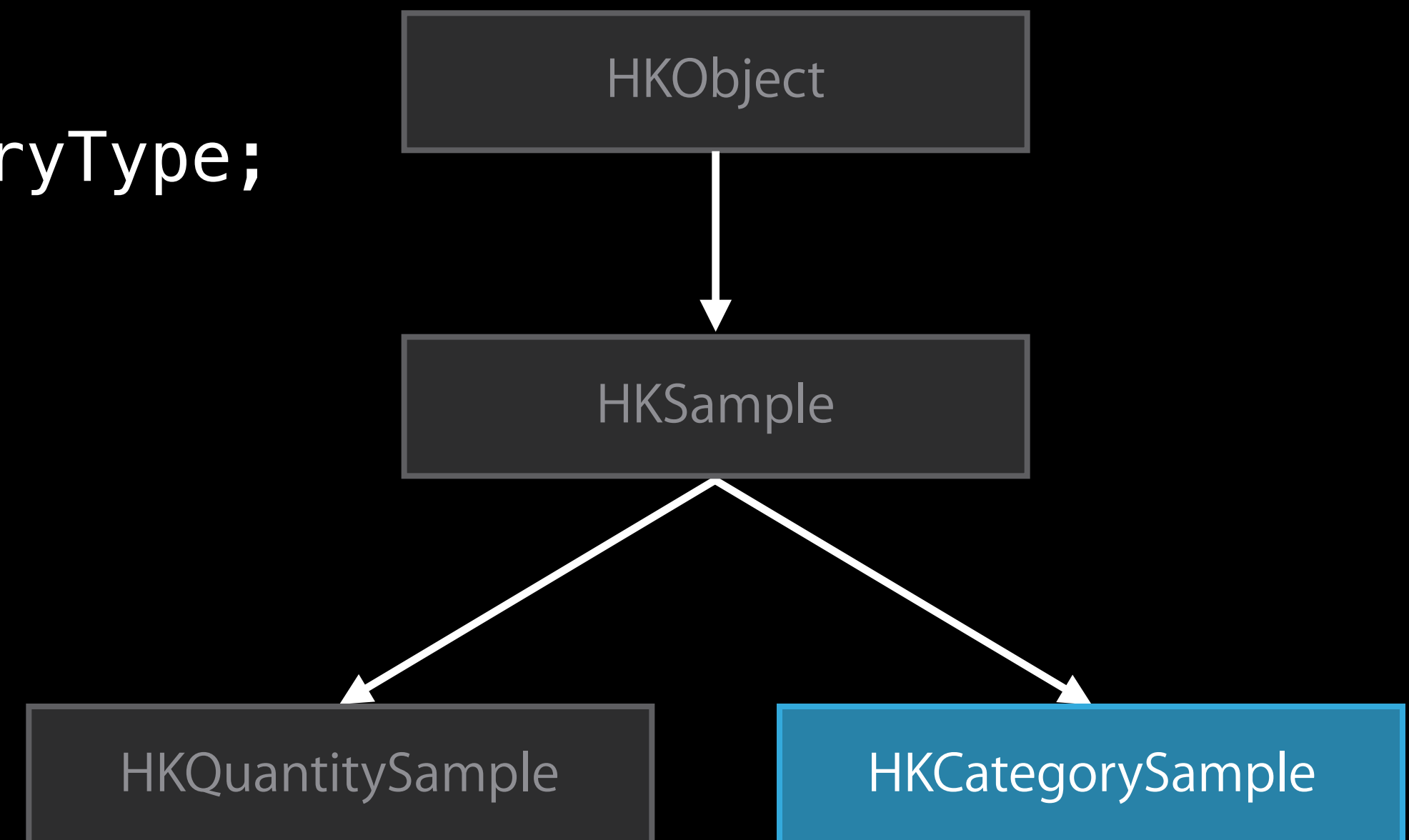
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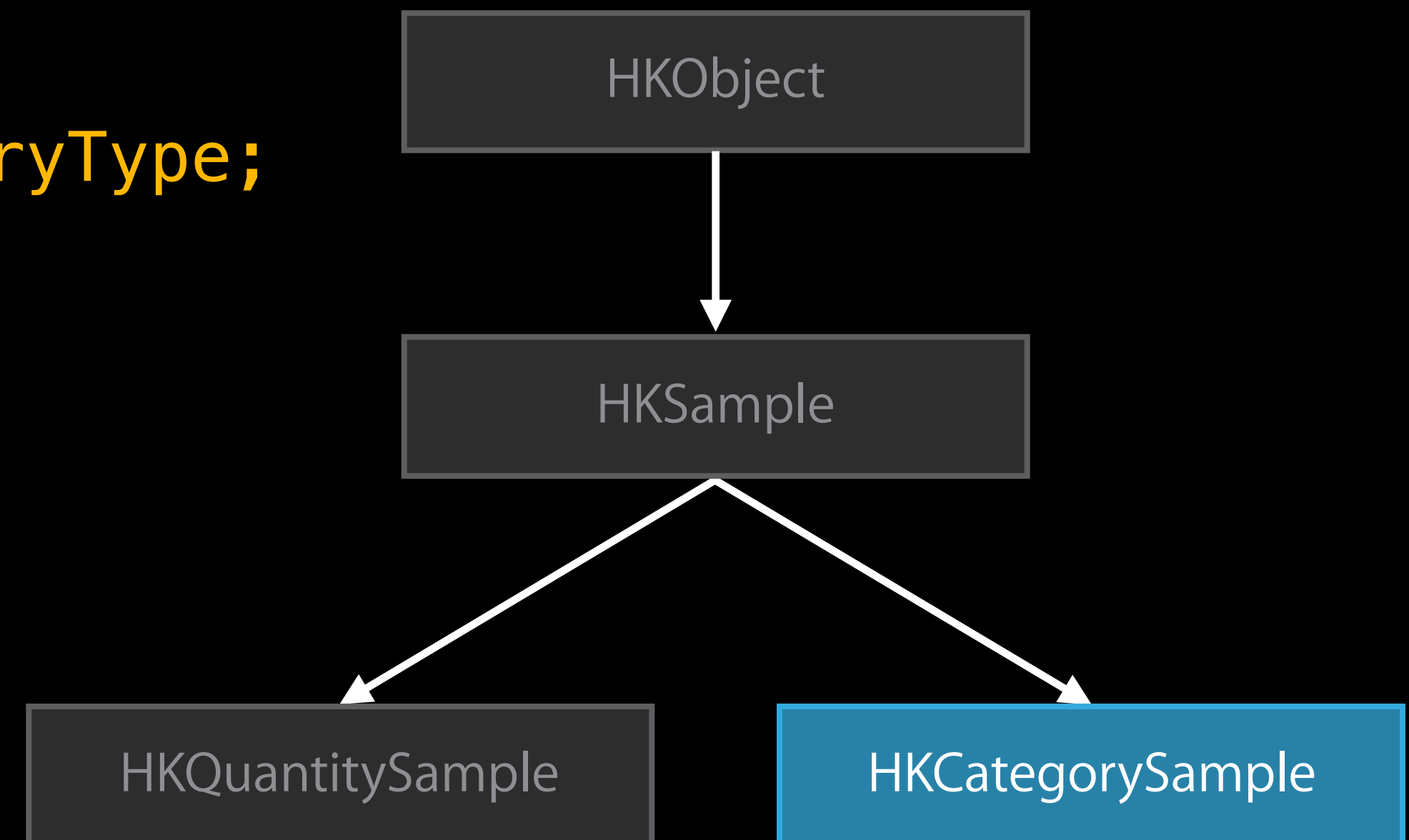
# HKCategorySample

```
@interface HKCategorySample
@property (readonly) HKCategoryType *categoryType;
@property (readonly) NSInteger value;
@end
```



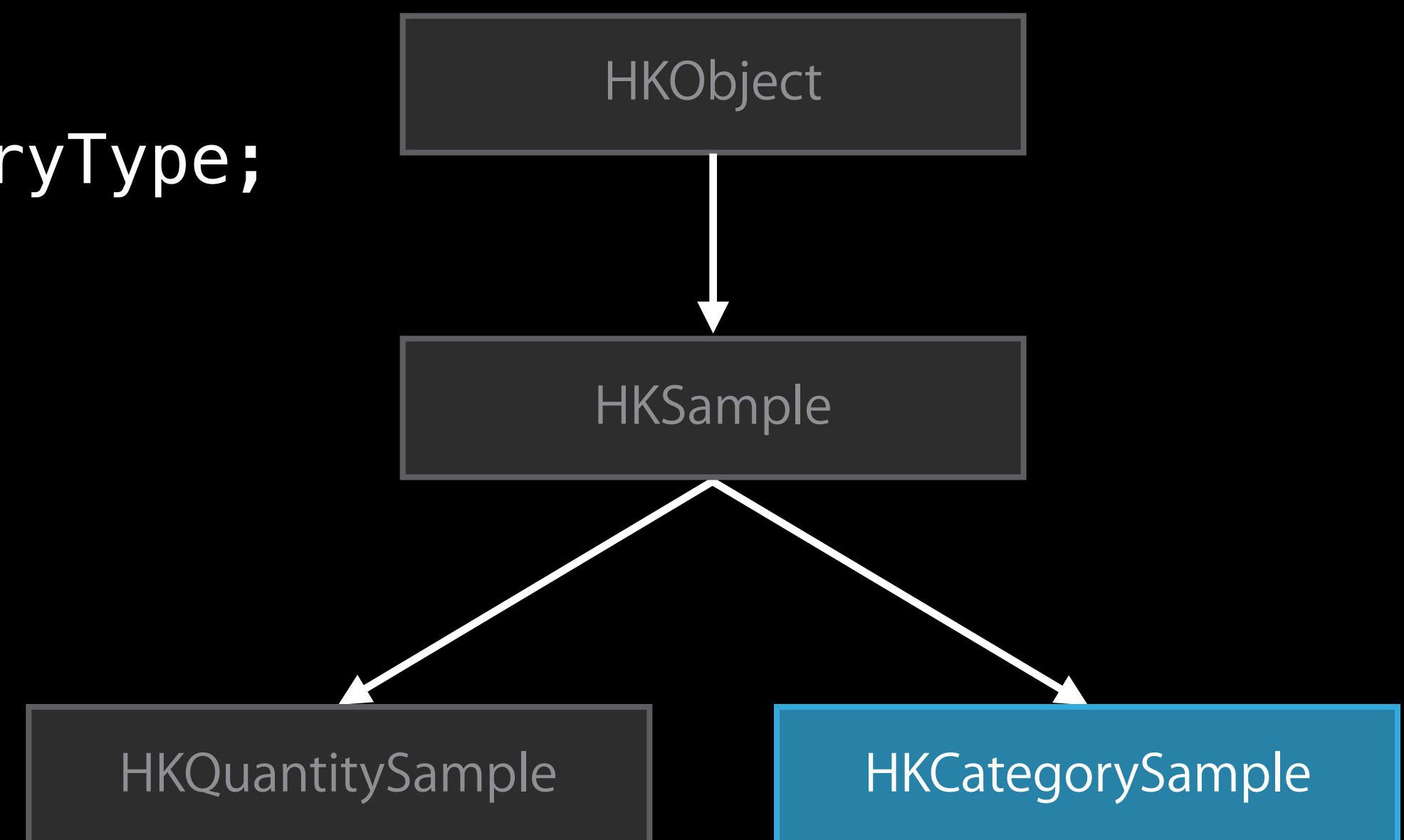
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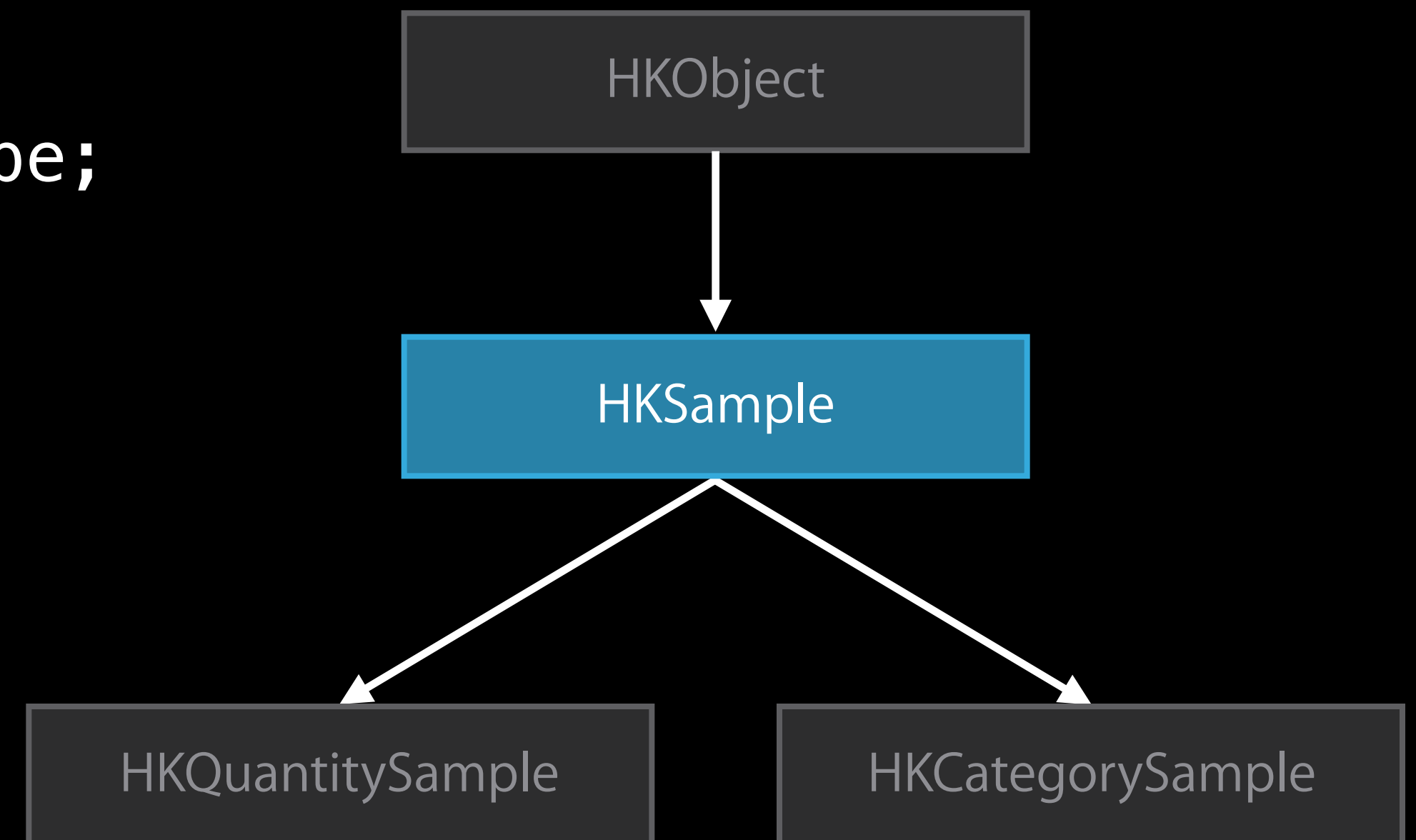
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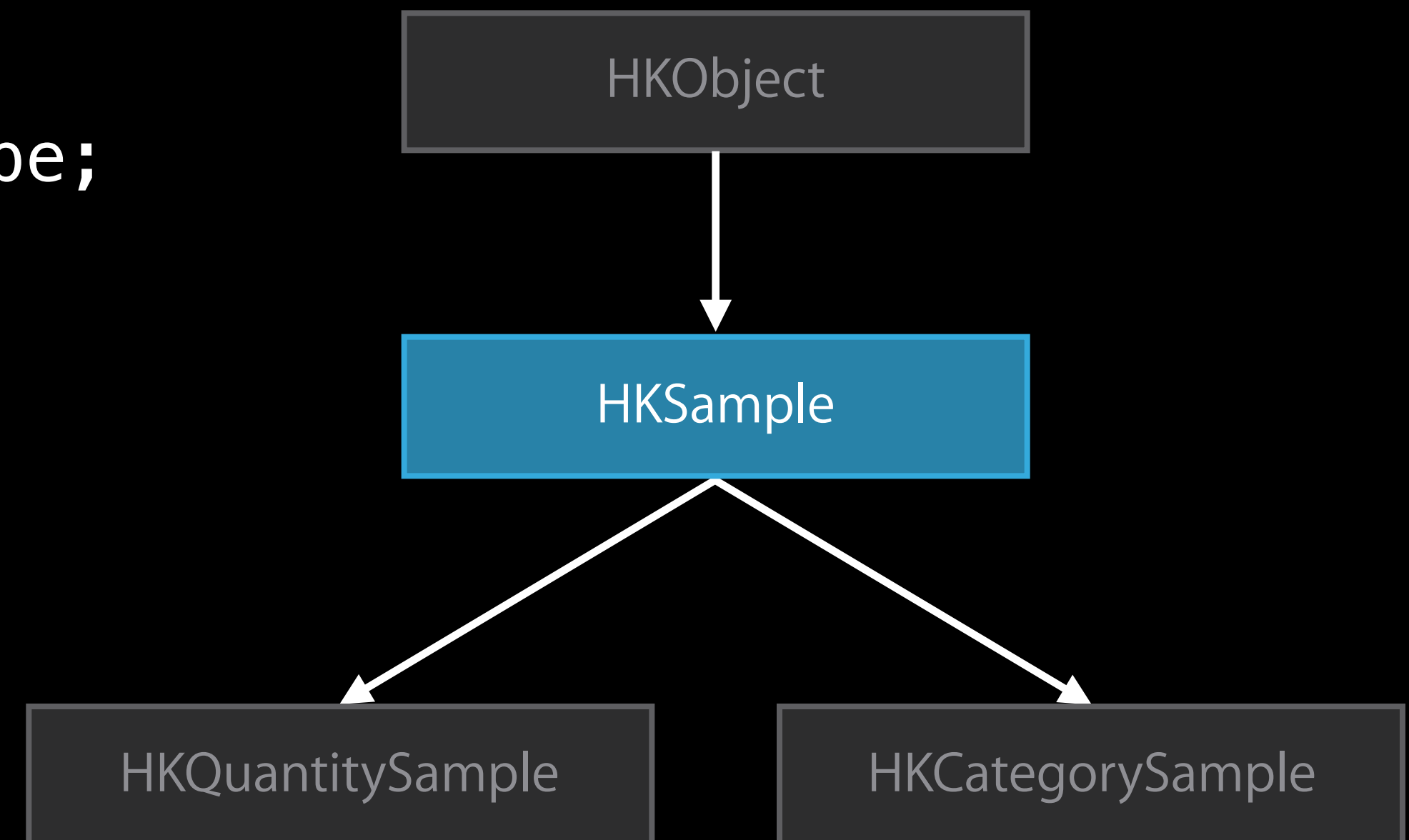
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```
@interface HKSample
@property (readonly) HKSampleType *sampleType;
@property (readonly) NSDate *startDate;
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@end
```



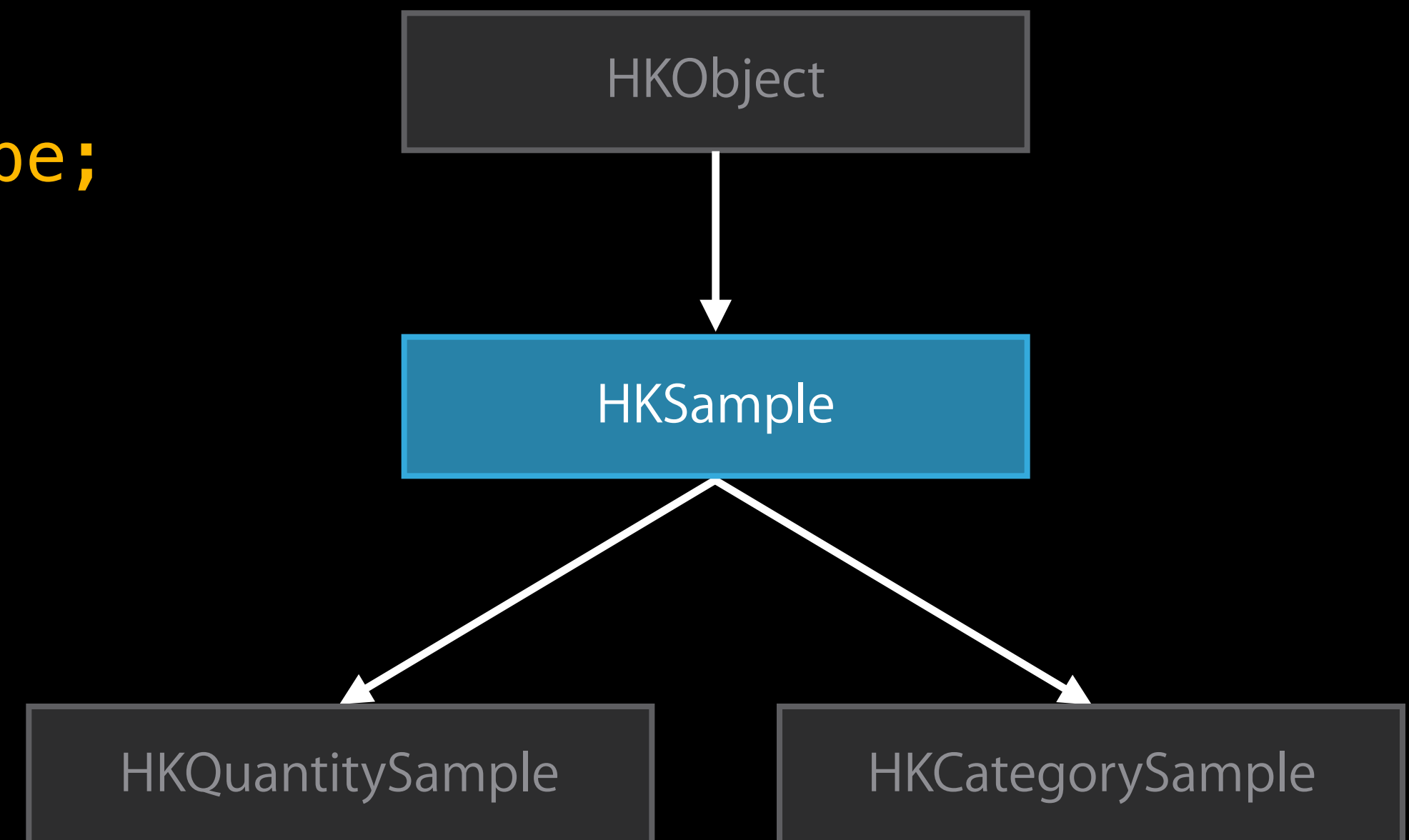
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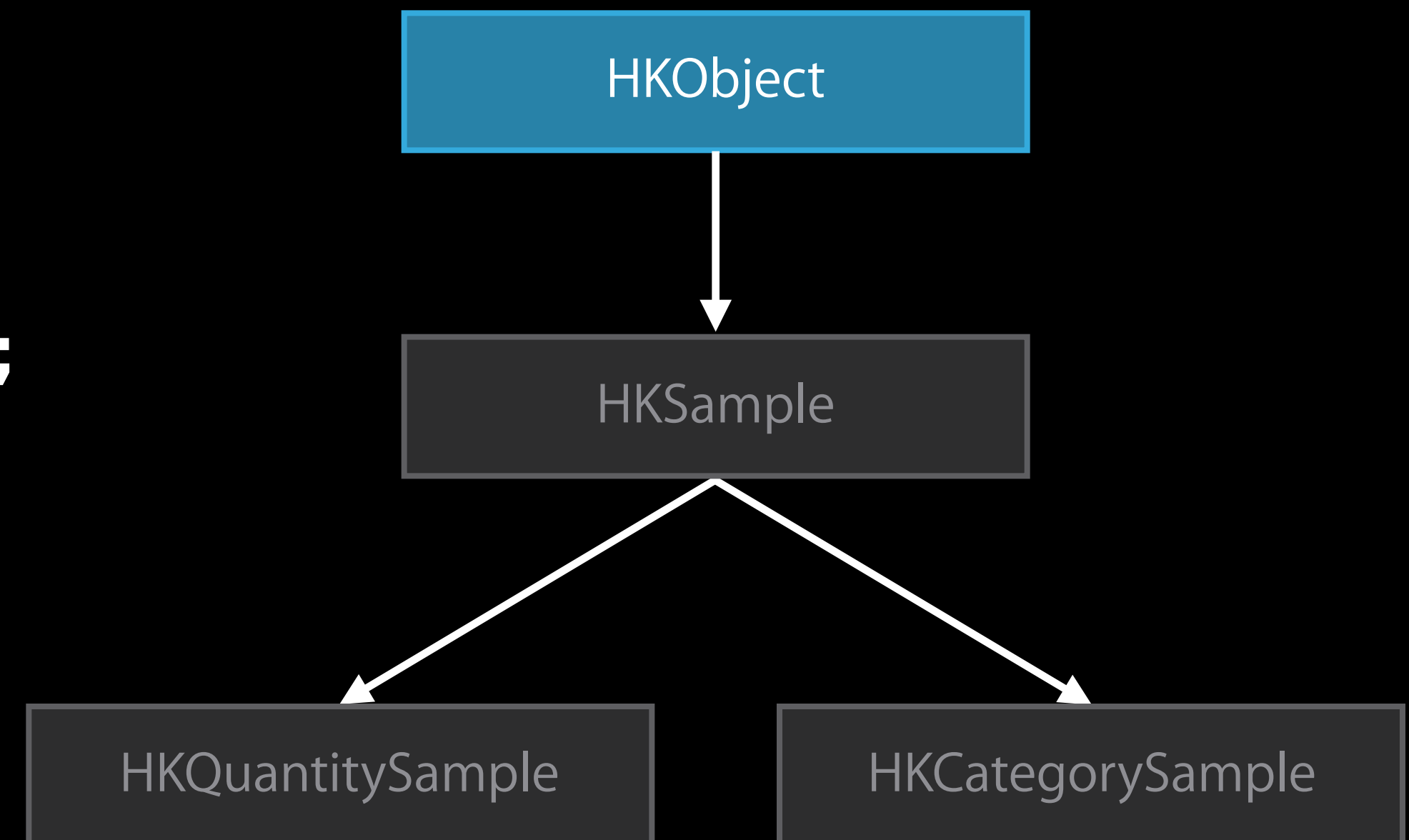
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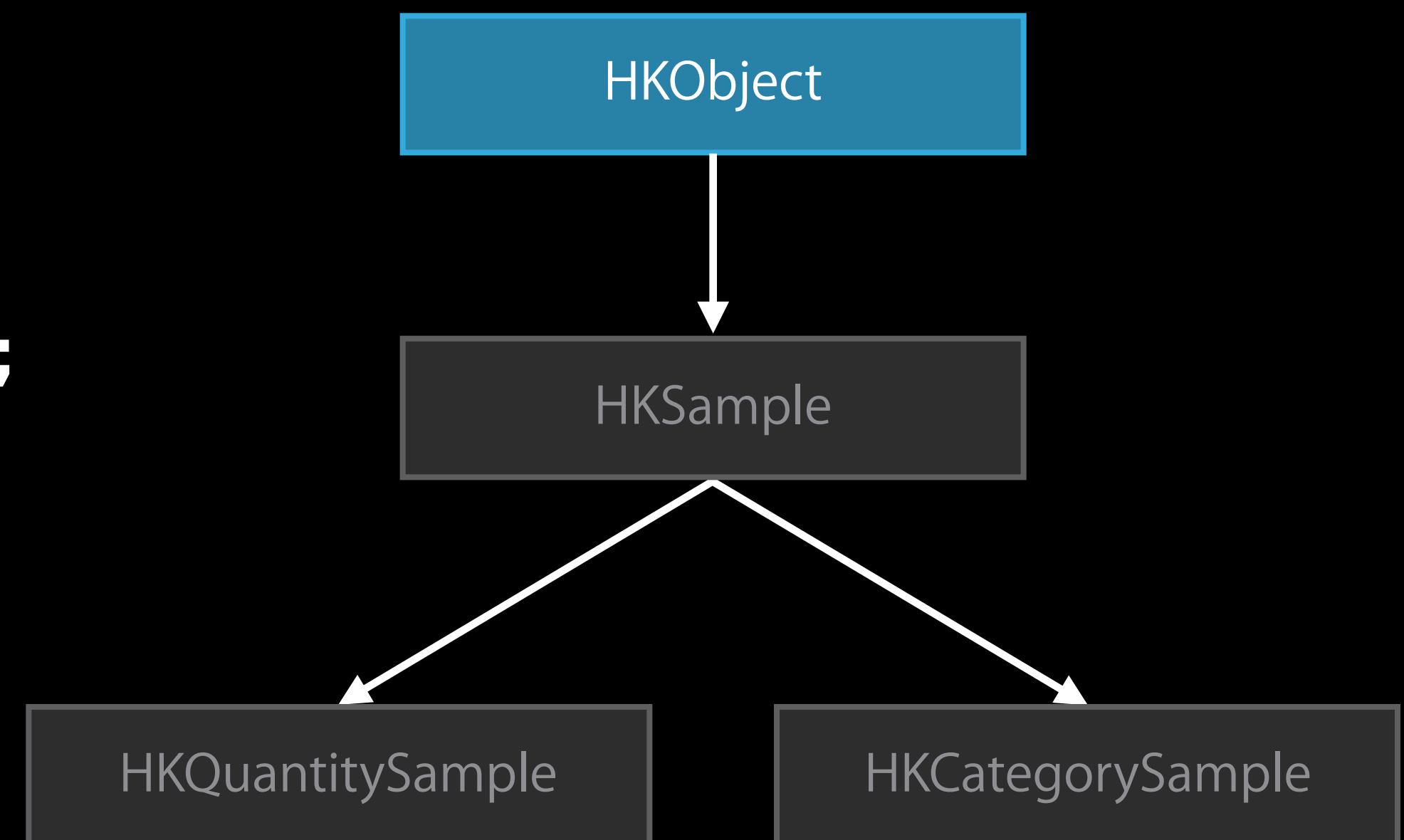
# HKObject

```
@interface HKObject
@property (readonly) NSUUID *UUID;
@property (readonly) HKSource *source;
@property (readonly) NSDictionary *metadata;
@end
```



# HKObject

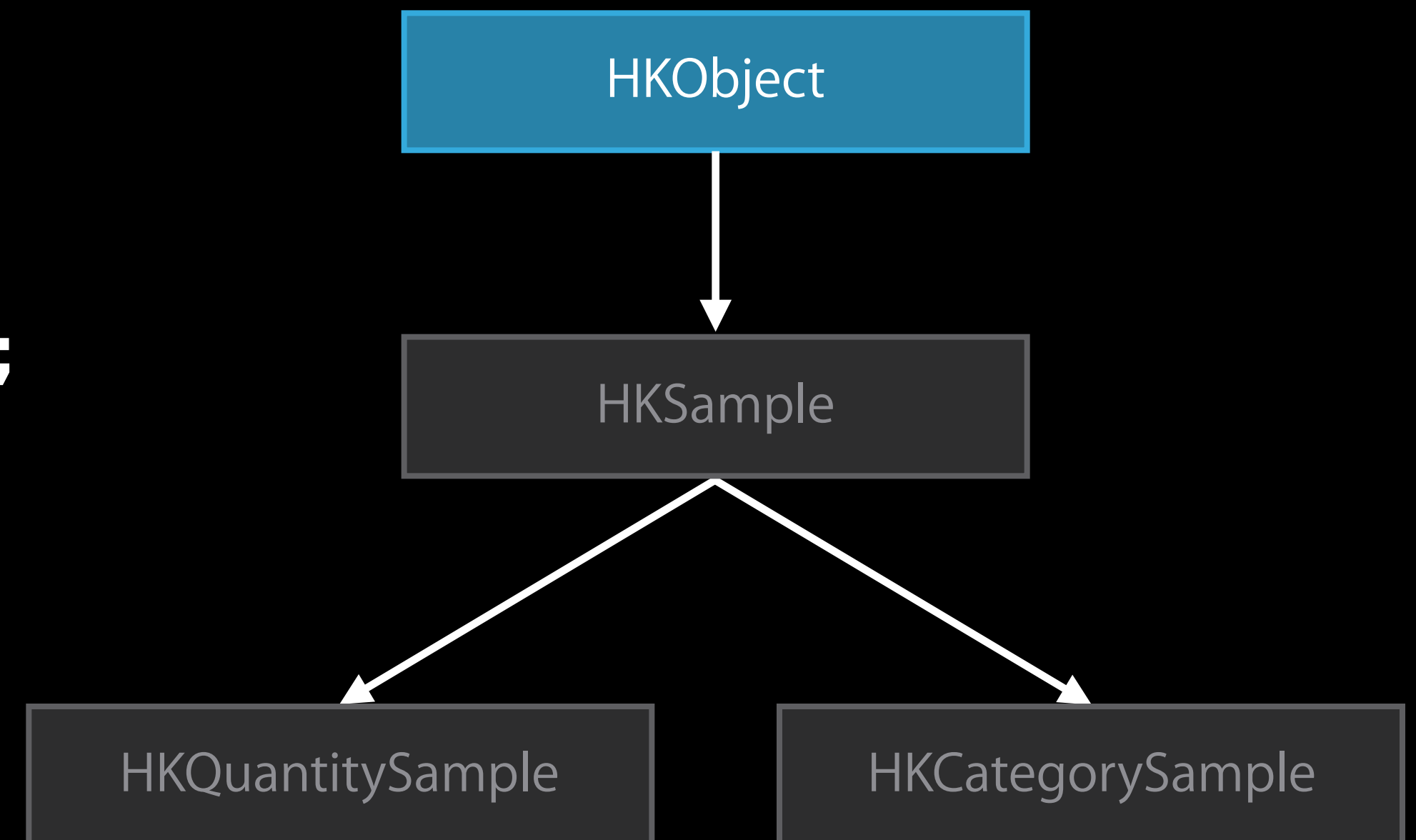
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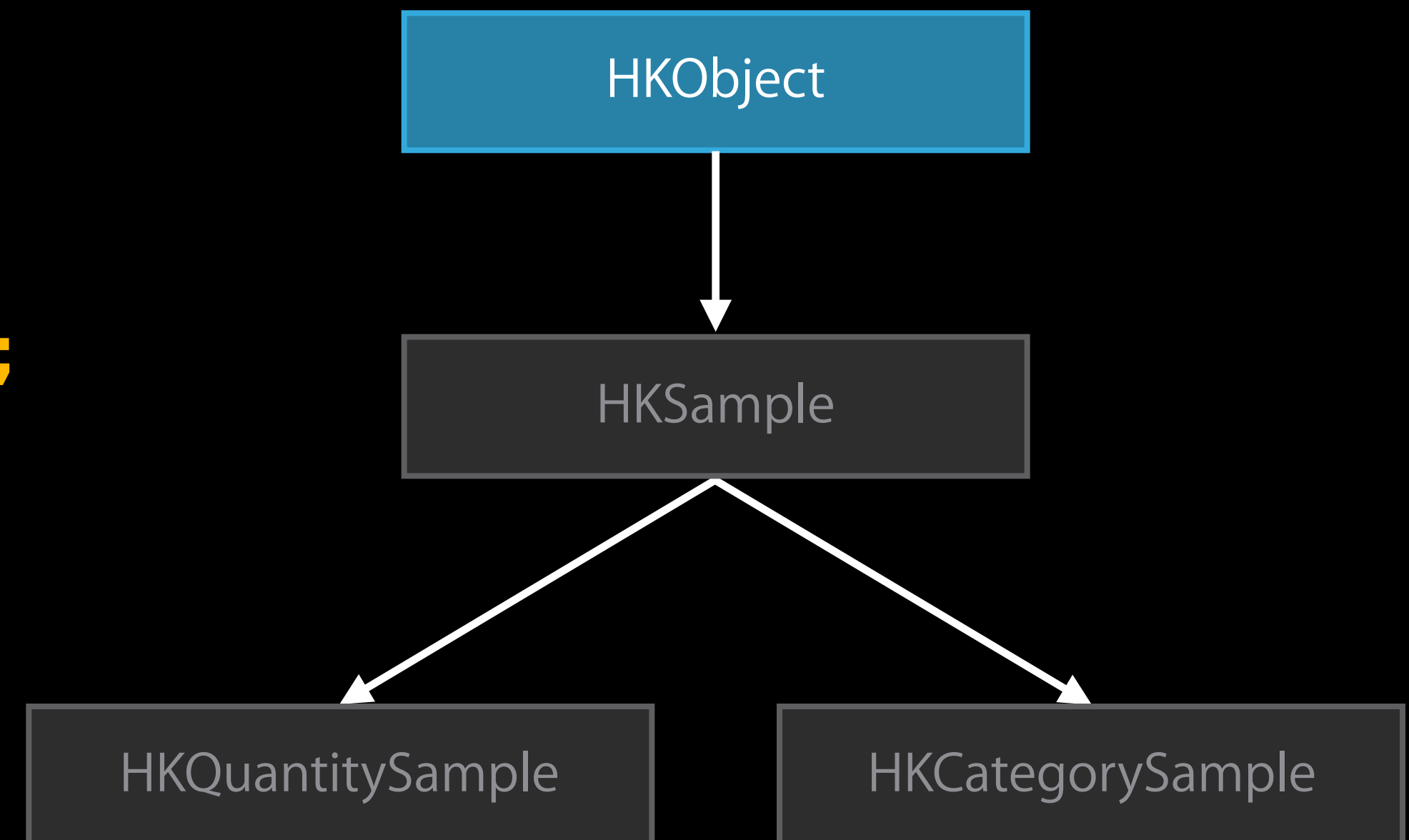
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# HKObject

Properties are readonly

# HKObject

Properties are readonly

All HKObjects are immutable

# HKObject

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All HKObjects are immutable

Constructors on HKQuantitySample, HKCategorySample

# Creating an HKObject

```
NSString *identifier = HKQuantityTypeIdentifierBodyTemperature;
HKQuantityType *tempType = [HKObjectType quantityTypeForIdentifier:identifier];

HKQuantity *myTemp = [HKQuantity quantityWithUnit:[HKUnit degreeFahrenheitUnit]
                    doubleValue:98.6];

NSDictionary *meta = @{
    HKMetadataKeyBodyTemperatureSensorLocation : @(HKBodyTemperatureSensorLocationEar)
};
HKQuantitySample *temperatureSample = [HKQuantitySample quantitySampleWithType:tempType
                                       quantity:myTemp
                                       startDate:[NSDate date]
                                       endDate:[NSDate date]
                                       metadata:meta];
```



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```

Saving Data

# HKHealthStore

Link to the database

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Link to the database

Lets you save objects and query for data

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Link to the database

Lets you save objects and query for data

Should be long lived

# HKHealthStore

## Saving objects

```
self.store = [[HKHealthStore alloc] init];  
  
...  
  
HKQuantitySample *mySample = [self newSample];  
  
[self.store saveObject:mySample withCompletion:^(BOOL success, NSError *error) {  
    if (success) {  
        NSLog(@"Object Saved!");  
    }  
}];
```

# HKHealthStore

## Saving objects

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```



Asking for Data

# HKHealthStore

## Characteristics

For user characteristics, ask HKHealthStore directly

- Date of birth, blood type, biological sex

# HKHealthStore

## Characteristics

For user characteristics, ask HKHealthStore directly

- Date of birth, blood type, biological sex

```
NSError *error;
```

```
NSDate *dateOfBirth = [self.store dateOfBirthWithError:&error];
```

Queries

# HKQuery

```
@interface HKQuery
@property (readonly) HKSampleType *sampleType;
@property (readonly) NSPredicate *predicate;
@end
```



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# HKQuery

## Predicates

```
HKQuantity *weight = ...
```

```
[NSPredicate predicateWithFormat:@"%K > %@", HKPredicateKeyPathQuantity, weight];
```

# HKQuery

## Predicates

```
HKQuantity *weight = ...
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# HKQuery

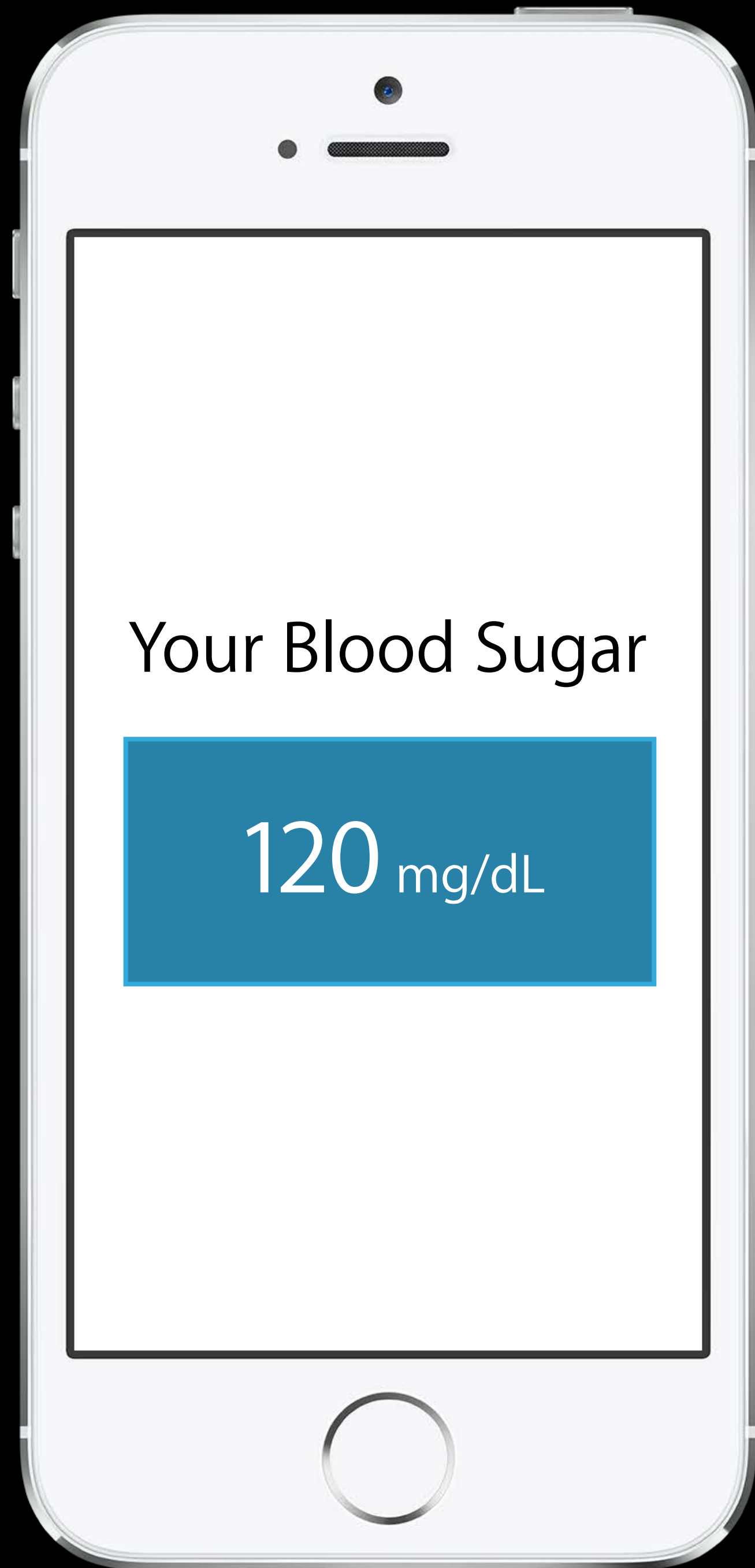
## Predicates

```
HKQuantity *weight = ...
```

```
[NSPredicate predicateWithFormat:@"%K > %@", HKPredicateKeyPathQuantity, weight];
```

```
NSPredicateOperatorType greaterThan = NSGreaterThanPredicateOperatorType;
```

```
[HKQuery predicateForQuantitySamplesWithOperatorType:greaterThan  
                                     quantity:weight];
```



Your Blood Sugar

120 mg/dL

# HKSampleQuery

# HKSampleQuery

## Limit

- HKObjectQueryNoLimit



# HKSampleQuery

## Limit

- HKObjectQueryNoLimit

## Sort Order

- Array of NSSortDescriptors

# HKSampleQuery

## Most recent query

```
HKQuantityType *bloodSugar = ...
NSString *endKey = HKSampleSortIdentifierEndDate;
NSSortDescriptor *endDate = [NSSortDescriptor sortDescriptorWithKey:endKey ascending:NO];
HKSampleQuery *query = [[HKSampleQuery alloc] initWithSampleType:bloodSugar
                                                    predicate:nil
                                                    limit:1
                                                    sortDescriptors:@[endDate]
                                                    resultsHandler:^(HKSampleQuery *query,
                                                                    NSArray *results,
                                                                    NSError *error)
{
    HKQuantitySample *sample = [results lastObject];
    NSLog(@"Sample: %@", sample);
}];
```

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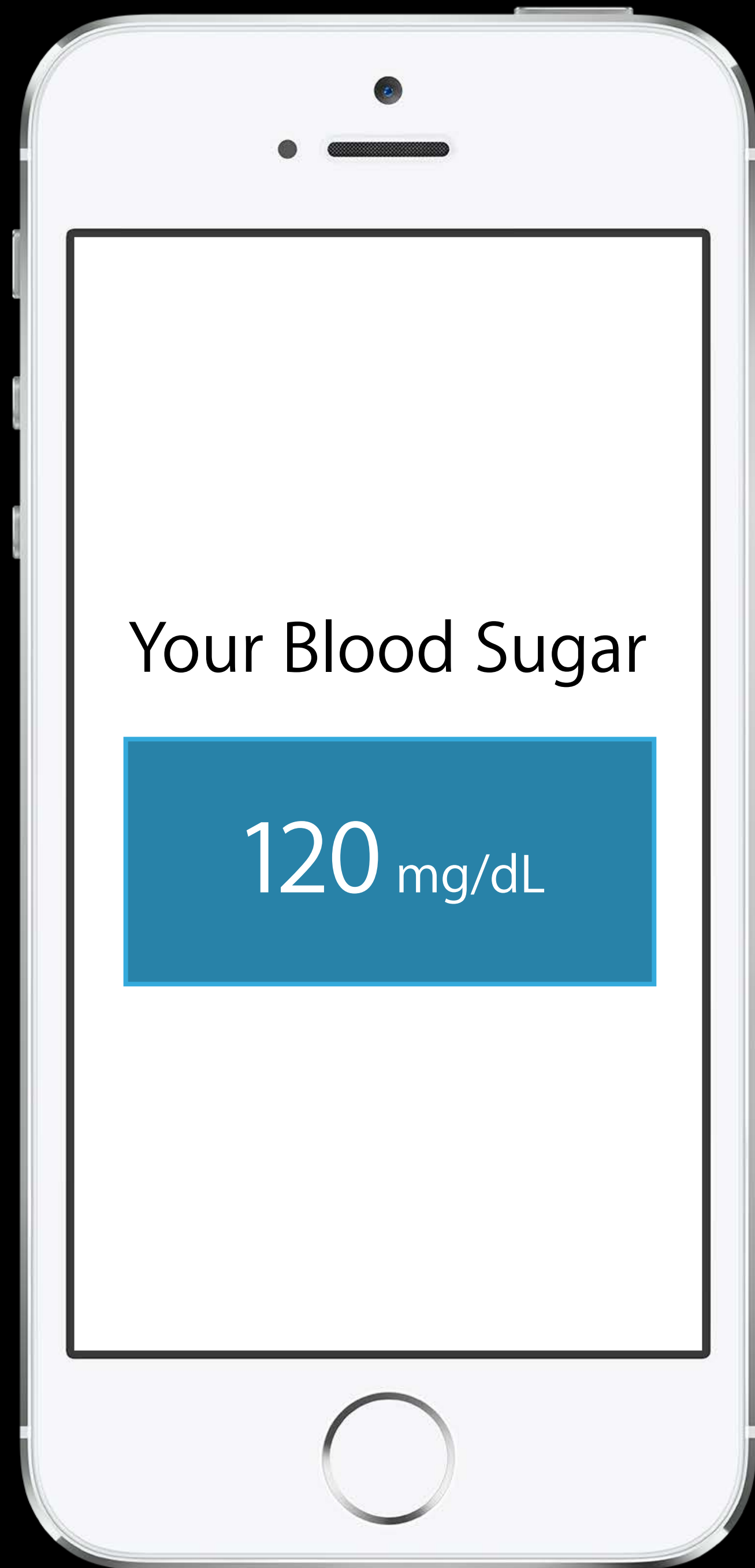
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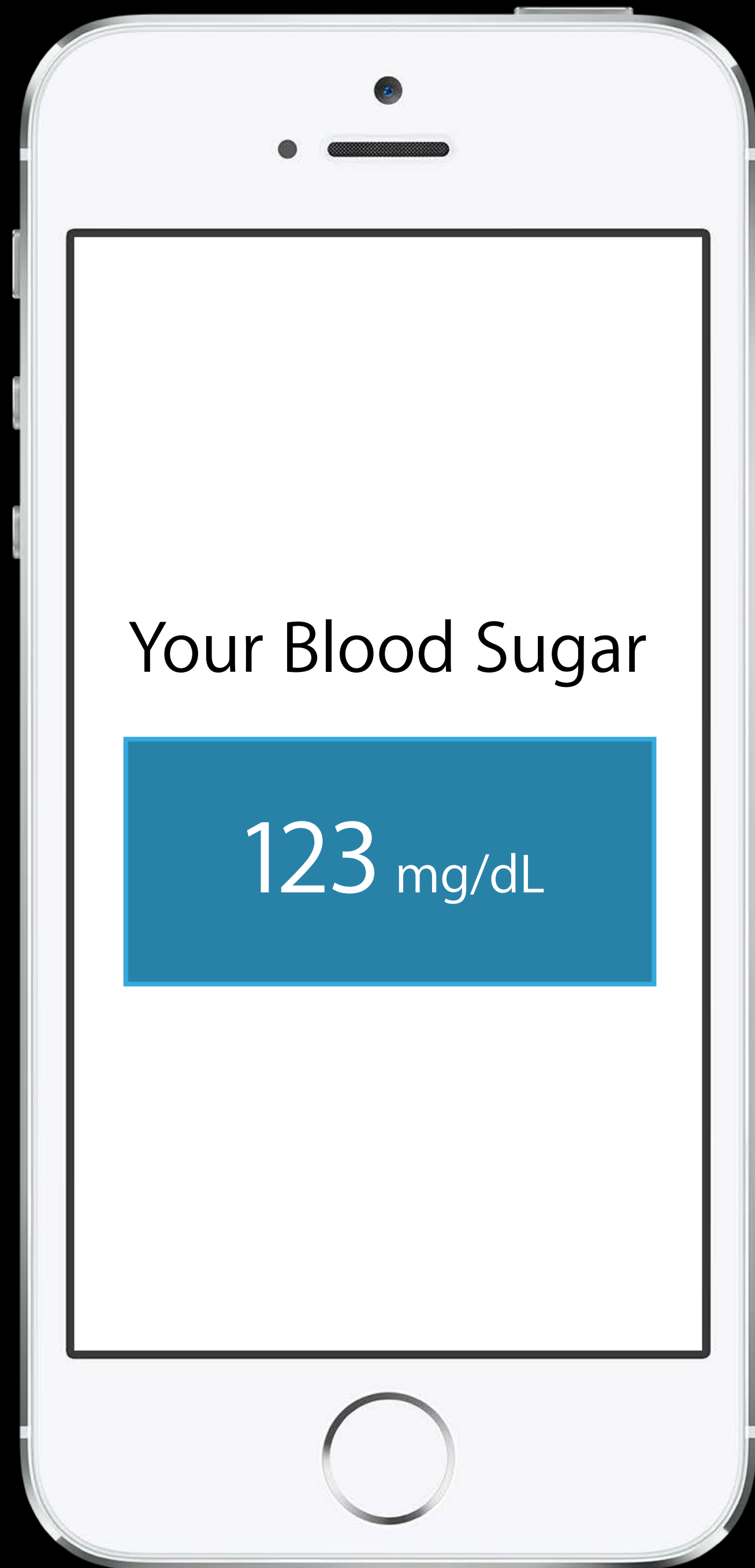
## Most recent query

```
HKQuantityType *bloodSugar = ...
NSString *endKey = HKSampleSortIdentifierEndDate;
NSSortDescriptor *endDate = [NSSortDescriptor sortDescriptorWithKey:endKey ascending:NO];
HKSampleQuery *query = [[HKSampleQuery alloc] initWithSampleType:bloodSugar
                                                    predicate:nil
                                                    limit:1
                                                    sortDescriptors:@[endDate]
                                                    resultsHandler:^(HKSampleQuery *query,
                                                                    NSArray *results,
                                                                    NSError *error)
{
    HKQuantitySample *sample = [results lastObject];
    NSLog(@"Sample: %@", sample);
}];
```



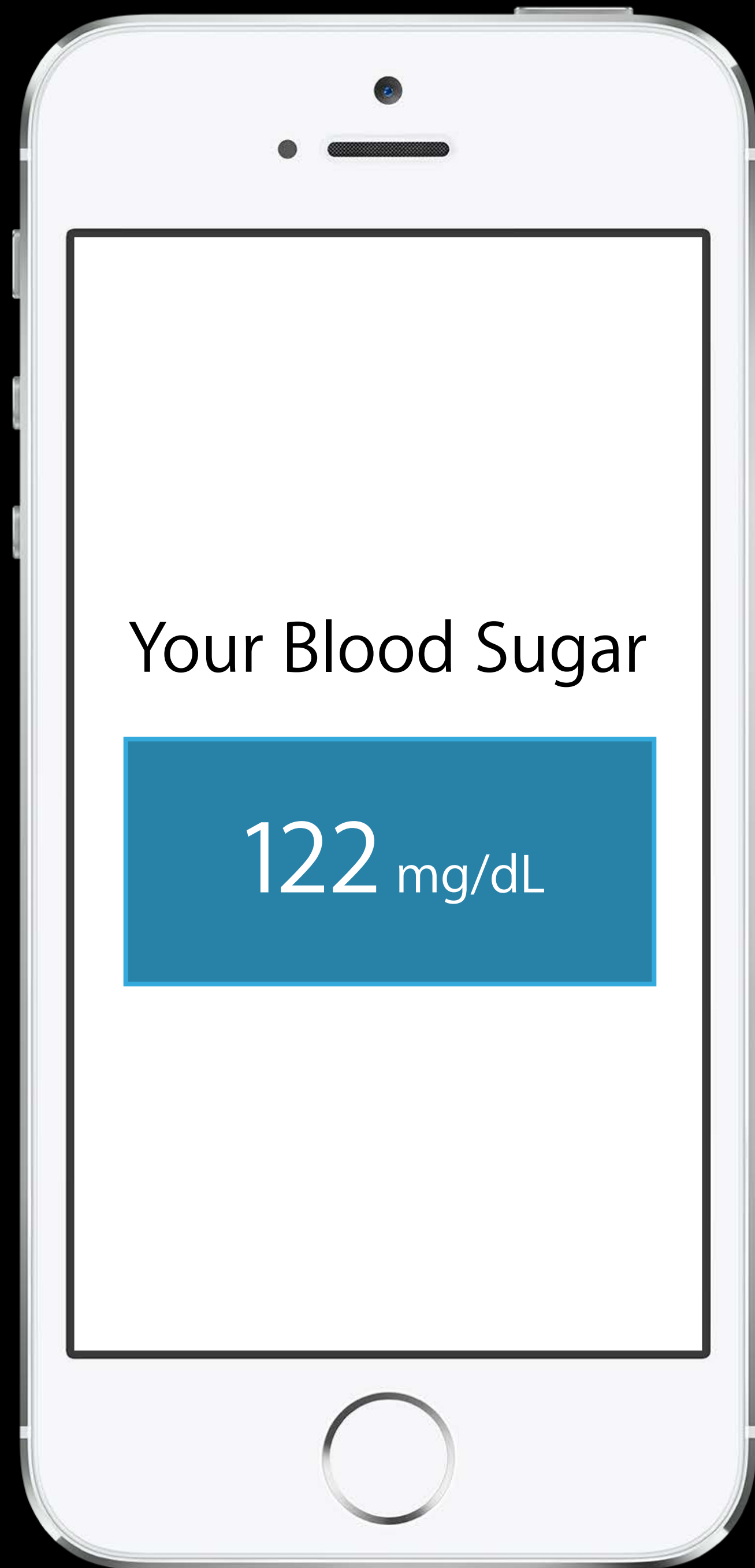
Your Blood Sugar

120 mg/dL



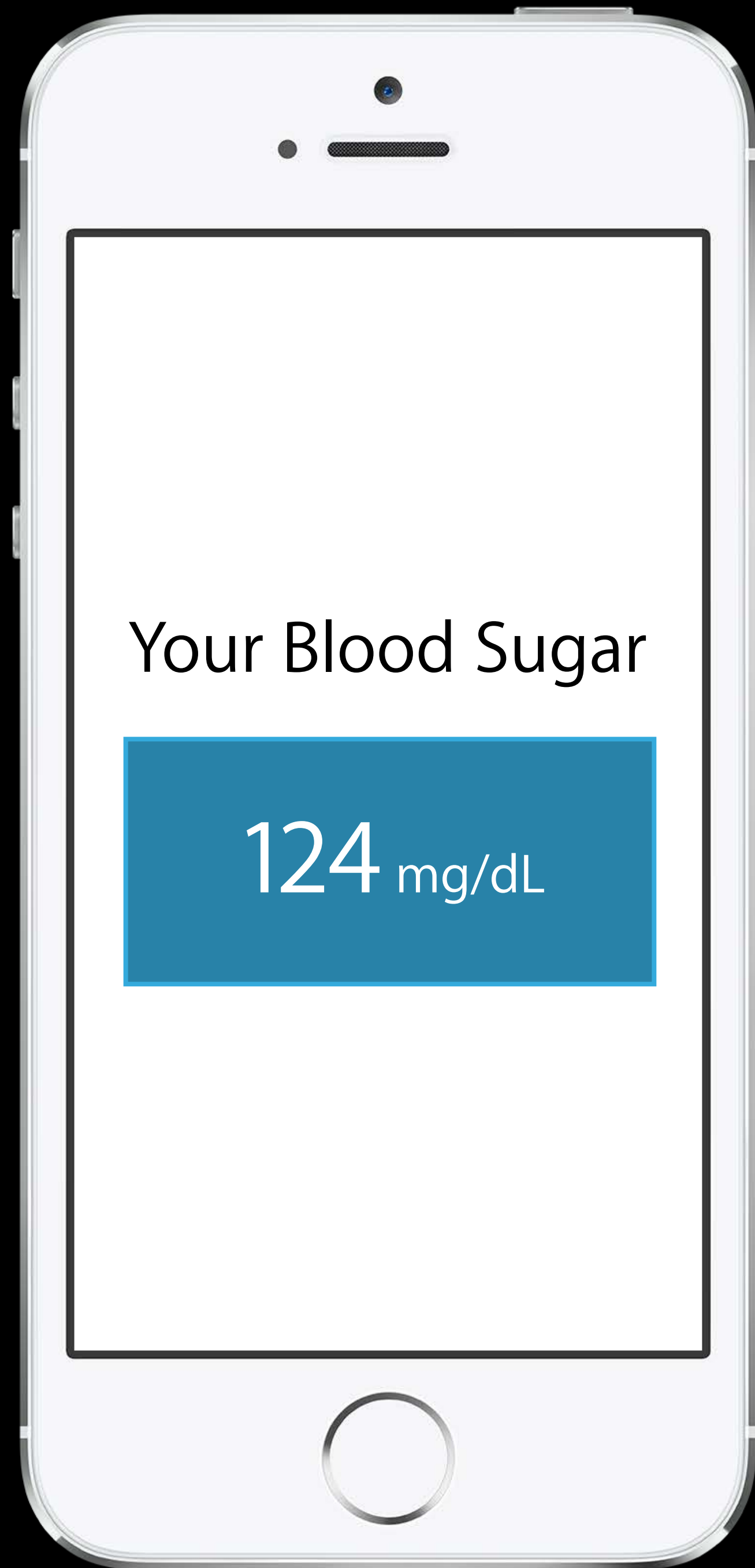
Your Blood Sugar

123 mg/dL



Your Blood Sugar

122 mg/dL



Your Blood Sugar

124 mg/dL

# HKObserverQuery

Watches for changes in the database



# HKObserverQuery

Watches for changes in the database

Long running

- Update handler called every time something changes

# HKObserverQuery

Watches for changes in the database

Long running

- Update handler called every time something changes

Completion handler only needed for background delivery

# HKObserverQuery

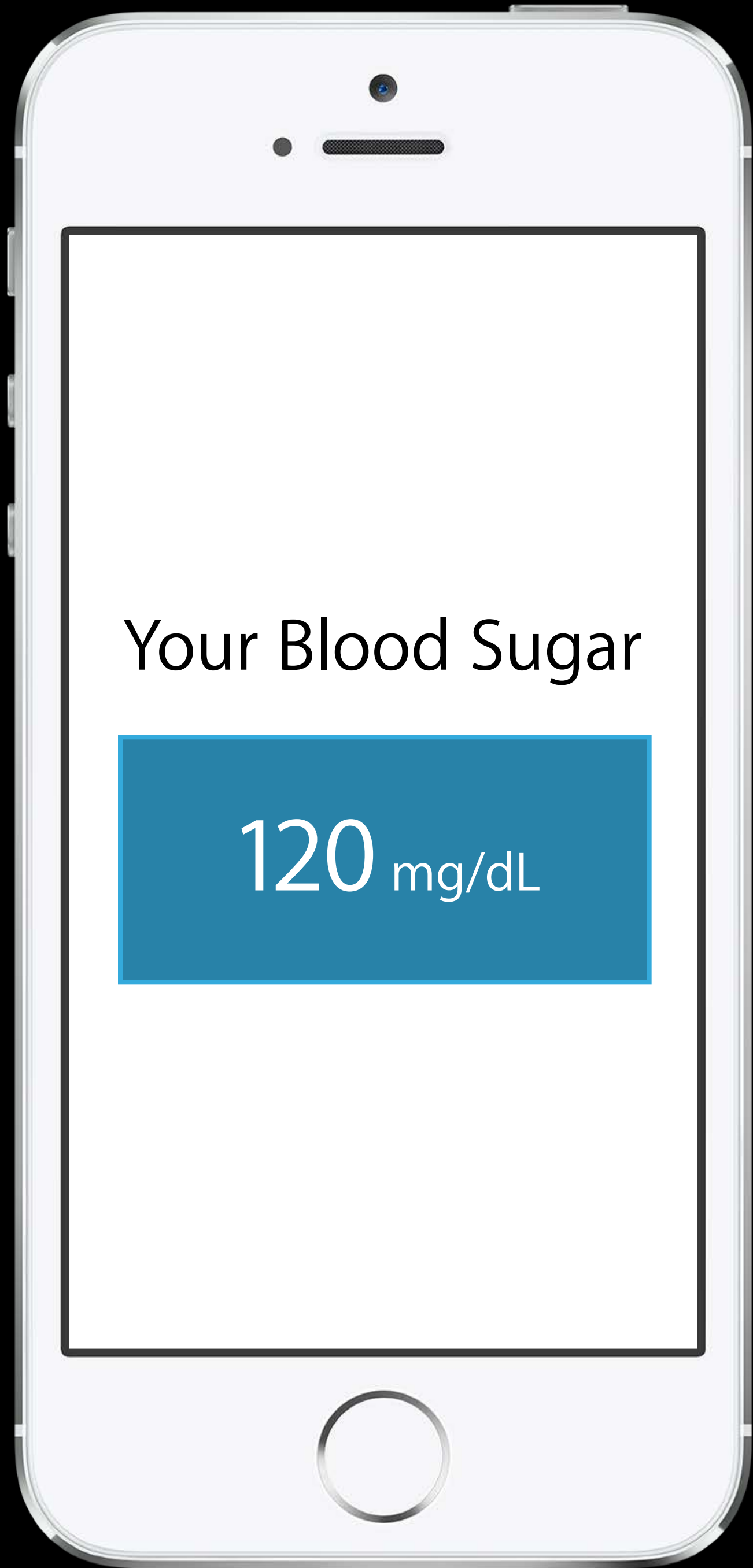
```
HKQuantityType *bloodSugar = ...
HKObserverQuery *query;
query = [[HKObserverQuery alloc] initWithSampleType: bloodSugar
                                         predicate:nil
                                         updateHandler:^(HKObserverQuery *query,
                                                           HKObserverQueryCompletionHandler handler,
                                                           NSError *error)
{
    NSLog(@"Updated!");
}];
```

# HKObserverQuery

```
HKQuantityType *bloodSugar = ...
HKObserverQuery *query;
query = [[HKObserverQuery alloc] initWithSampleType: bloodSugar
                                     predicate:nil
                                     updateHandler:^(HKObserverQuery *query,
                                                       HKObserverQueryCompletionHandler handler,
                                                       NSError *error)
{
    NSLog(@"Updated!");
}];
```

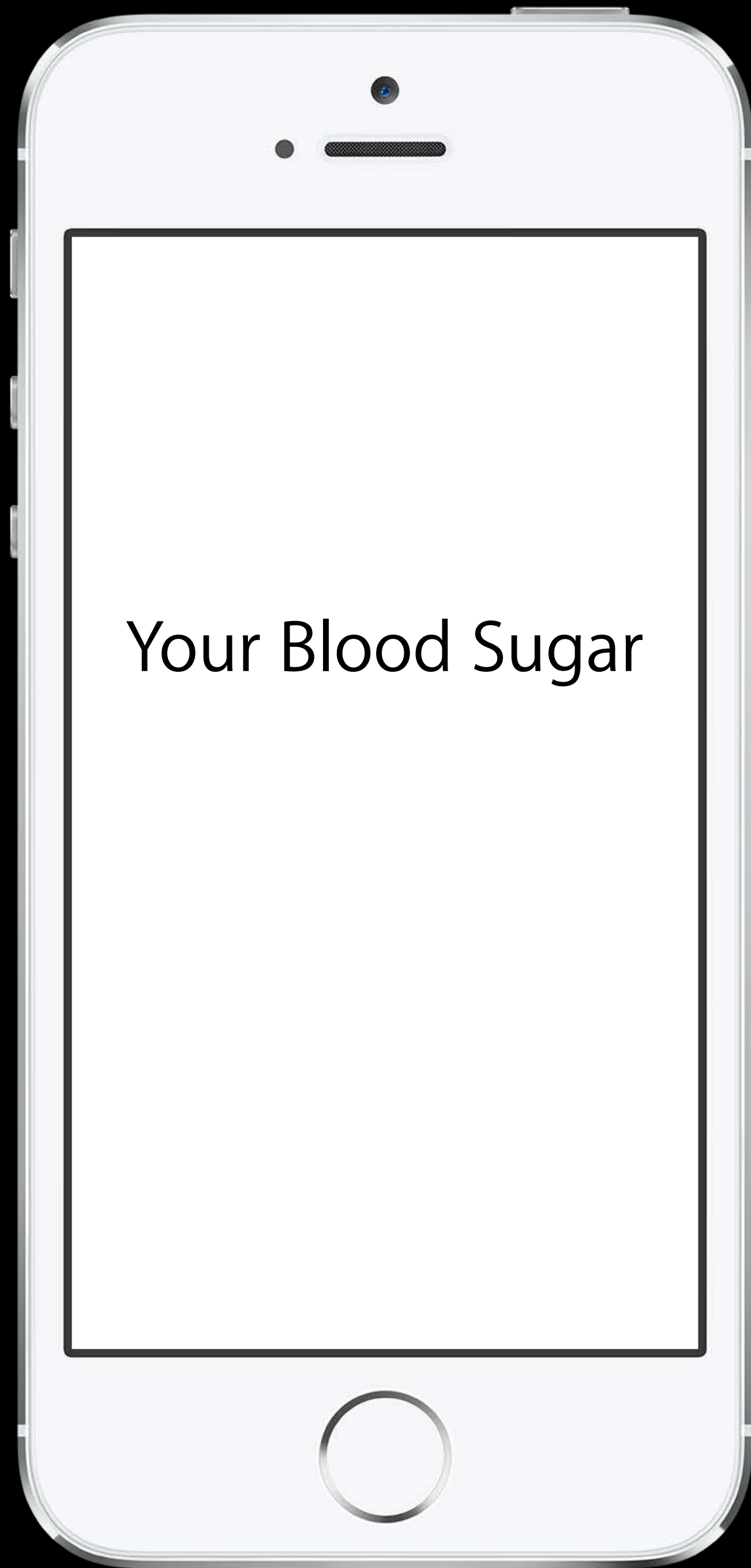
# HKObserverQuery

```
HKQuantityType *bloodSugar = ...
HKObserverQuery *query;
query = [[HKObserverQuery alloc] initWithSampleType: bloodSugar
                                         predicate:nil
                                         updateHandler:^(HKObserverQuery *query,
                                                           HKObserverQueryCompletionHandler handler,
                                                           NSError *error)
{
    NSLog(@"Updated!");
}];
```



Your Blood Sugar

120 mg/dL



HKAnchoredObjectQuery



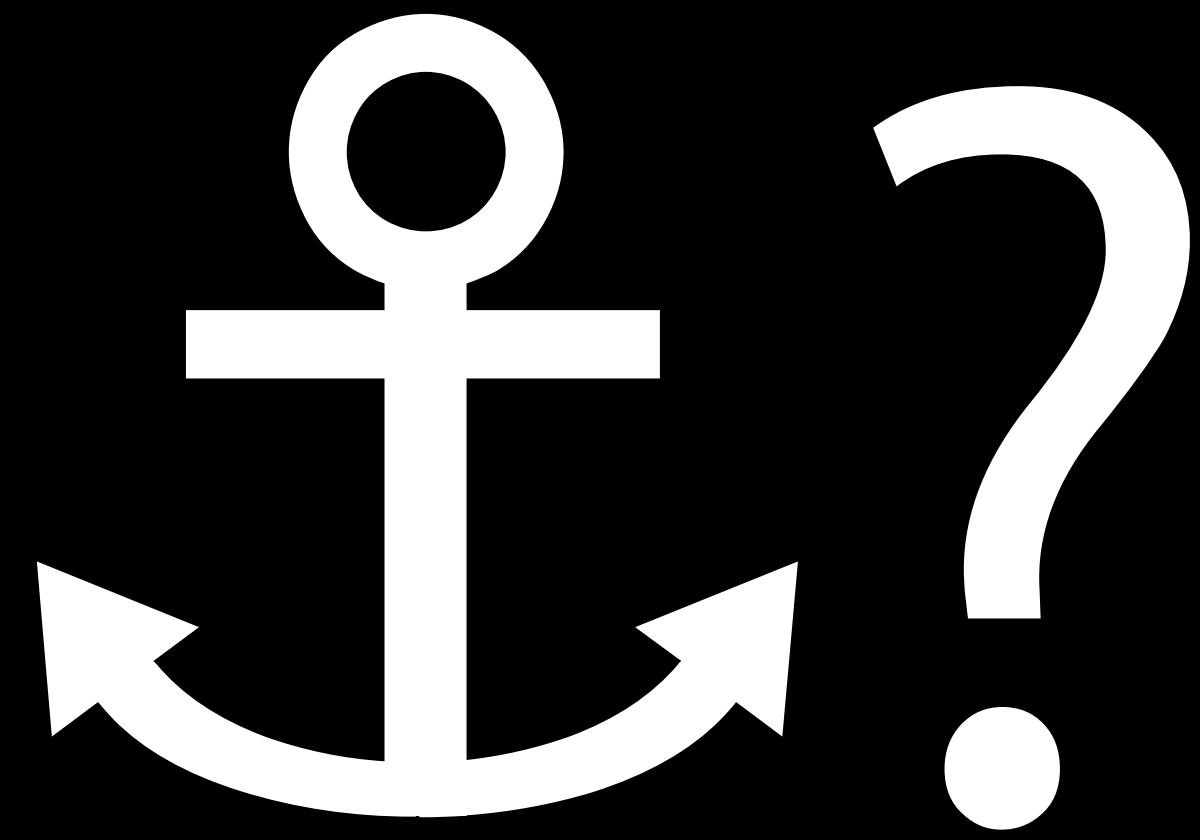
# HKAnchoredObjectQuery

Limit

# HKAnchoredObjectQuery

Limit

Anchor



anchor  
1

anchor  
2

anchor  
3

anchor  
4

anchor  
5

anchor  
6

anchor  
1

anchor  
2

anchor  
3

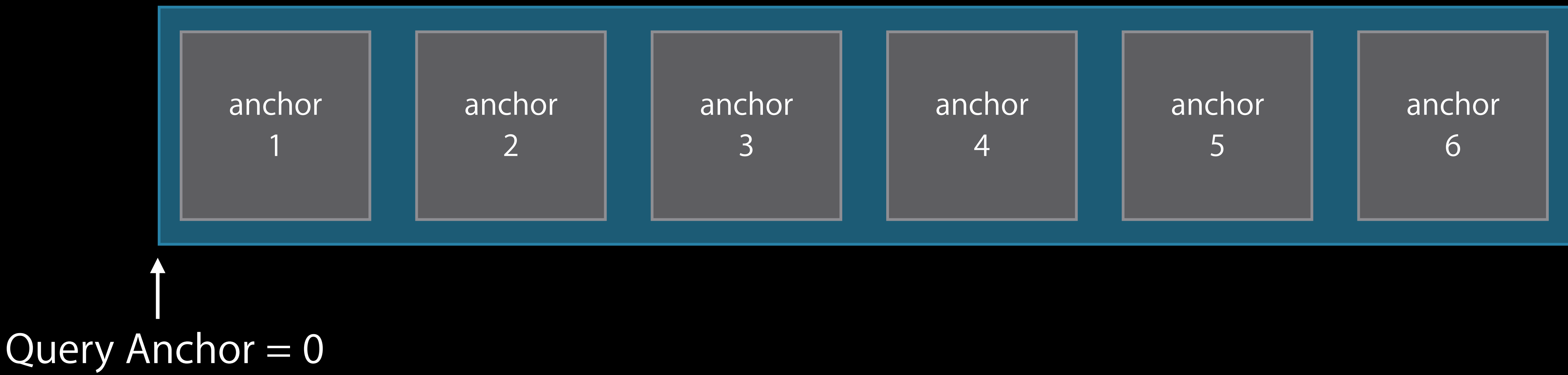
anchor  
4

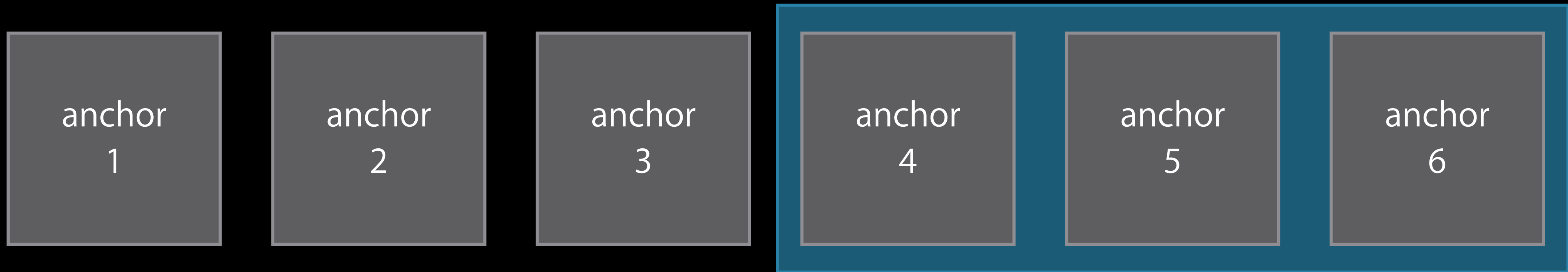
anchor  
5

anchor  
6



Query Anchor = 0





Query Anchor = 3

# HKAnchoredObjectQuery

## Anchors

Anchor is the last piece of data you've seen



# HKAnchoredObjectQuery

## Anchors

Anchor is the last piece of data you've seen

0 when you don't have an anchor

# HKAnchoredObjectQuery

## Anchors

Anchor is the last piece of data you've seen

0 when you don't have an anchor

New anchor with callback

# HKAnchoredObjectQuery

Fetching new objects

```
self.lastAnchor = 0
...
HKQuantityType *bloodSugar = ...
HKAnchoredObjectQuery *query;
query = [[HKAnchoredObjectQuery alloc] initWithType: bloodSugar
                                             predicate:nil
                                             anchor:self.lastAnchor
                                             limit:HKObjectQueryNoLimit
                                             completionHandler:^(HKAnchoredObjectQuery *query,
                                                                    NSArray *results,
                                                                    NSUInteger newAnchor,
                                                                    NSError *error) {

    self.lastAnchor = newAnchor;
    NSLog(@"Results: %@", results)
}];
```

# HKAnchoredObjectQuery

Fetching new objects

```
self.lastAnchor = 0
...
HKQuantityType *bloodSugar = ...
HKAnchoredObjectQuery *query;
query = [[HKAnchoredObjectQuery alloc] initWithType: bloodSugar
                                             predicate:nil
                                             anchor:self.lastAnchor
                                             limit:HKObjectQueryNoLimit
                                             completionHandler:^(HKAnchoredObjectQuery *query,
                                                                    NSArray *results,
                                                                    NSUInteger newAnchor,
                                                                    NSError *error) {

    self.lastAnchor = newAnchor;
    NSLog(@"Results: %@", results)
}];
```

# HKAnchoredObjectQuery

Fetching new objects

```
self.lastAnchor = 0
...
HKQuantityType *bloodSugar = ...
HKAnchoredObjectQuery *query;
query = [[HKAnchoredObjectQuery alloc] initWithType: bloodSugar
                                             predicate:nil
                                             anchor:self.lastAnchor
                                             limit:HKObjectQueryNoLimit
                                             completionHandler:^(HKAnchoredObjectQuery *query,
                                                                    NSArray *results,
                                                                    NSUInteger newAnchor,
                                                                    NSError *error) {

    self.lastAnchor = newAnchor;
    NSLog(@"Results: %@", results)
}];
```

# HKAnchoredObjectQuery

Fetching new objects

```
self.lastAnchor = 0
...
HKQuantityType *bloodSugar = ...
HKAnchoredObjectQuery *query;
query = [[HKAnchoredObjectQuery alloc] initWithType: bloodSugar
                                             predicate:nil
                                             anchor:self.lastAnchor
                                             limit:HKObjectQueryNoLimit
                                             completionHandler:^(HKAnchoredObjectQuery *query,
                                                                    NSArray *results,
                                                                    NSUInteger newAnchor,
                                                                    NSError *error) {

    self.lastAnchor = newAnchor;
    NSLog(@"Results: %@", results)
}];
```

# HKAnchoredObjectQuery

Fetching new objects

```
self.lastAnchor = 0
...
HKQuantityType *bloodSugar = ...
HKAnchoredObjectQuery *query;
query = [[HKAnchoredObjectQuery alloc] initWithType: bloodSugar
                                             predicate:nil
                                             anchor:self.lastAnchor
                                             limit:HKObjectQueryNoLimit
                                             completionHandler:^(HKAnchoredObjectQuery *query,
                                                                    NSArray *results,
                                                                    NSUInteger newAnchor,
                                                                    NSError *error) {

    self.lastAnchor = newAnchor;
    NSLog(@"Results: %@", results)
}];
```

# HKAnchoredObjectQuery

Fetching new objects

```
self.lastAnchor = 0
...
HKQuantityType *bloodSugar = ...
HKAnchoredObjectQuery *query;
query = [[HKAnchoredObjectQuery alloc] initWithType: bloodSugar
                                             predicate:nil
                                             anchor:self.lastAnchor
                                             limit:HKObjectQueryNoLimit
                                             completionHandler:^(HKAnchoredObjectQuery *query,
                                                                    NSArray *results,
                                                                    NSUInteger newAnchor,
                                                                    NSError *error) {

    self.lastAnchor = newAnchor;
    NSLog(@"Results: %@", results)
}];
```



anchor  
1

anchor  
2

anchor  
3

anchor  
1

anchor  
2

anchor  
3

↑  
Current Anchor = 0



↑  
Current Anchor = 0

anchor  
1

anchor  
2

anchor  
3



Current Anchor = 3

anchor  
1

anchor  
2

anchor  
3



Current Anchor = 3



↑  
Current Anchor = 3

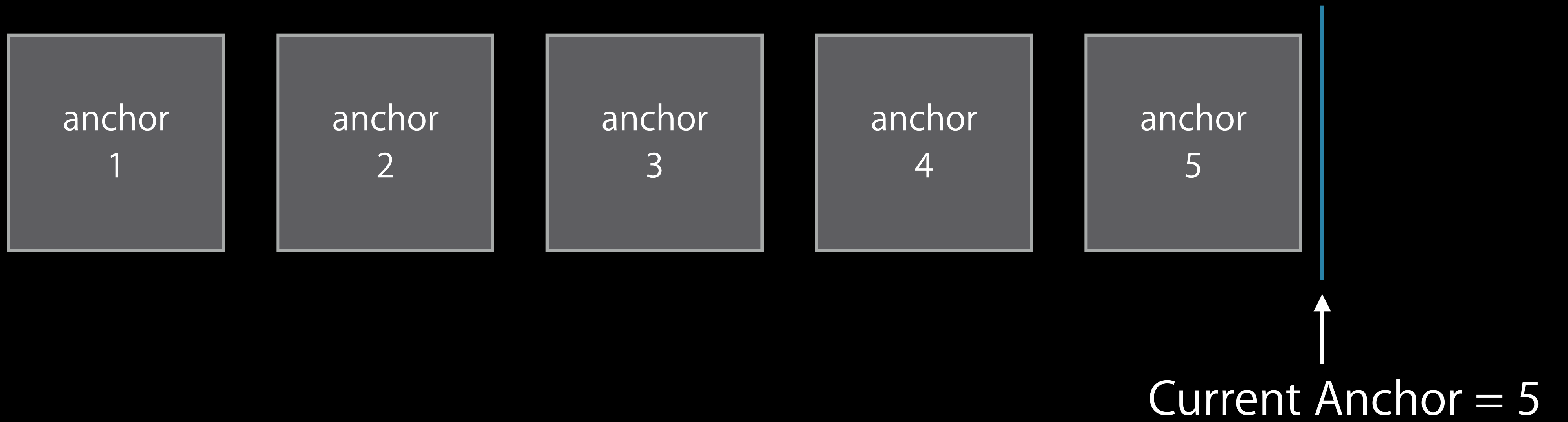


↑  
Current Anchor = 3



↑  
Current Anchor = 3







↑  
Current Anchor = 5

# Executing Queries

# HKHealthStore

## Queries

```
@interface HKHealthStore : NSObject
```

- (void)executeQuery:(HKQuery \*)query;
- (void)stopQuery:(HKQuery \*)query;

```
@end
```

# HKHealthStore

## Queries

```
@interface HKHealthStore : NSObject
```

```
- (void)executeQuery:(HKQuery *)query;
```

```
- (void)stopQuery:(HKQuery *)query;
```

```
@end
```

# HKHealthStore

## Queries

```
@interface HKHealthStore : NSObject
```

```
- (void)executeQuery:(HKQuery *)query;
```

```
- (void)stopQuery:(HKQuery *)query;
```

```
@end
```

# HKHealthStore

## Queries

You can call stopQuery: multiple times

# HKHealthStore

## Queries

You can call stopQuery: multiple times

You can call executeQuery: only once



# HKHealthStore

## Queries

You can call stopQuery: multiple times

You can call executeQuery: only once

Callbacks are invalidated once a query is stopped

# HKHealthStore

## Queries

You can call `stopQuery`: multiple times

You can call `executeQuery`: only once

Callbacks are invalidated once a query is stopped

Only long running queries need to be stopped

# Asking for Statistics

# HKStatistics

# HKStatistics

Sum, Min, Max, Average

# HKStatistics

Sum, Min, Max, Average

For all data or for a particular HKSource

# HKStatistics

Sum, Min, Max, Average

For all data or for a particular HKSource

Only for quantity types

# Classifying Types

Not all types are the same!



# Classifying Types

Not all types are the same!

Discrete

- Min, Max, Average

# Classifying Types

Not all types are the same!

Discrete

- Min, Max, Average

Cumulative

- Sum

# Discrete and Cumulative Types

# Discrete and Cumulative Types

HKQuantityTypes are discrete or cumulative

# Discrete and Cumulative Types

HKQuantityTypes are discrete or cumulative

Type identifiers are listed with aggregation style

# Discrete and Cumulative Types

HKQuantityTypes are discrete or cumulative

Type identifiers are listed with aggregation style

HKQuantityTypes have an aggregationStyle property

```
typedef NS_ENUM(NSInteger, HKQuantityAggregationStyle) {  
    HKQuantityAggregationStyleCumulative = 0,  
    HKQuantityAggregationStyleDiscrete,  
} NS_ENUM_AVAILABLE_IOS(8_0);
```

# HKStatistics

Specifying statistics

# HKStatistics

Specifying statistics

Calculations can be expensive



# HKStatistics

Specifying statistics

Calculations can be expensive

Tell us what you want ahead of time

# HKStatistics

## Specifying statistics

Calculations can be expensive

Tell us what you want ahead of time

```
typedef NS_OPTIONS(NSUInteger, HKStatisticsOptions) {
    HKStatisticsOptionNone           = 0,
    HKStatisticsOptionSeparateBySource = 1 << 0,
    HKStatisticsOptionDiscreteAverage = 1 << 1,
    HKStatisticsOptionDiscreteMin     = 1 << 2,
    HKStatisticsOptionDiscreteMax     = 1 << 3,
    HKStatisticsOptionCumulativeSum   = 1 << 4,
} NS_ENUM_AVAILABLE_IOS(8_0);
```

# HKStatistics

## HKStatisticsOptions

```
typedef NS_OPTIONS(NSUInteger, HKStatisticsOptions) {
    HKStatisticsOptionNone                = 0,
    HKStatisticsOptionSeparateBySource    = 1 << 0,
    HKStatisticsOptionDiscreteAverage     = 1 << 1,
    HKStatisticsOptionDiscreteMin         = 1 << 2,
    HKStatisticsOptionDiscreteMax         = 1 << 3,
    HKStatisticsOptionCumulativeSum       = 1 << 4,
} NS_ENUM_AVAILABLE_IOS(8_0);
```

# HKStatistics

## HKStatisticsOptions

```
typedef NS_OPTIONS(NSUInteger, HKStatisticsOptions) {
    HKStatisticsOptionNone                = 0,
    HKStatisticsOptionSeparateBySource    = 1 << 0,
    HKStatisticsOptionDiscreteAverage    = 1 << 1,
    HKStatisticsOptionDiscreteMin        = 1 << 2,
    HKStatisticsOptionDiscreteMax        = 1 << 3,
    HKStatisticsOptionCumulativeSum      = 1 << 4,
} NS_ENUM_AVAILABLE_IOS(8_0);
```

# HKStatistics

Separate by source

|          | t1 | t2 | t3 | t4 | t5 |
|----------|----|----|----|----|----|
| Source A | 5  | 5  | 2  | 2  | 8  |
| Source B | 6  | 5  |    |    | 8  |

# HKStatistics

Separate by source

|          | t1 | t2 | t3 | t4 | t5 |
|----------|----|----|----|----|----|
| Source A | 5  | 5  | 2  | 2  | 8  |
| Source B | 6  | 5  |    |    | 8  |

# HKStatistics

Separate by source

|          | t1 | t2 | t3 | t4 | t5 |
|----------|----|----|----|----|----|
| Source A | 5  | 5  | 2  | 2  | 8  |
| Source B | 6  | 5  |    |    | 8  |

# HKStatistics

Separate by source

|          | t1 | t2 | t3 | t4 | t5 |
|----------|----|----|----|----|----|
| Source A | 5  | 5  | 2  | 2  | 8  |
| Source B | 6  | 5  |    |    | 8  |



# HKStatistics

Separate by source

|          | t1 | t2 | t3 | t4 | t5 |
|----------|----|----|----|----|----|
| Source A | 5  | 5  | 2  | 2  | 8  |
| Source B | 6  | 5  |    |    | 8  |

Sum = 41

# HKStatistics

Separate by source

|          | t1 | t2 | t3 | t4 | t5 |
|----------|----|----|----|----|----|
| Source A | 5  | 5  | 2  | 2  | 8  |
| Source B | 6  | 5  |    |    | 8  |

~~Sum = 41~~

# HKStatistics

Separate by source

|          | t1 | t2 | t3 | t4 | t5 |
|----------|----|----|----|----|----|
| Source A | 5  | 5  | 2  | 2  | 8  |
| Source B | 6  | 5  |    |    | 8  |

Sum = 41

# HKStatistics

Separate by source

|          | t1 | t2 | t3 | t4 | t5 |
|----------|----|----|----|----|----|
| Source A | 5  | 5  | 2  | 2  | 8  |
| Source B | 6  | 5  |    |    | 8  |

Sum = 23

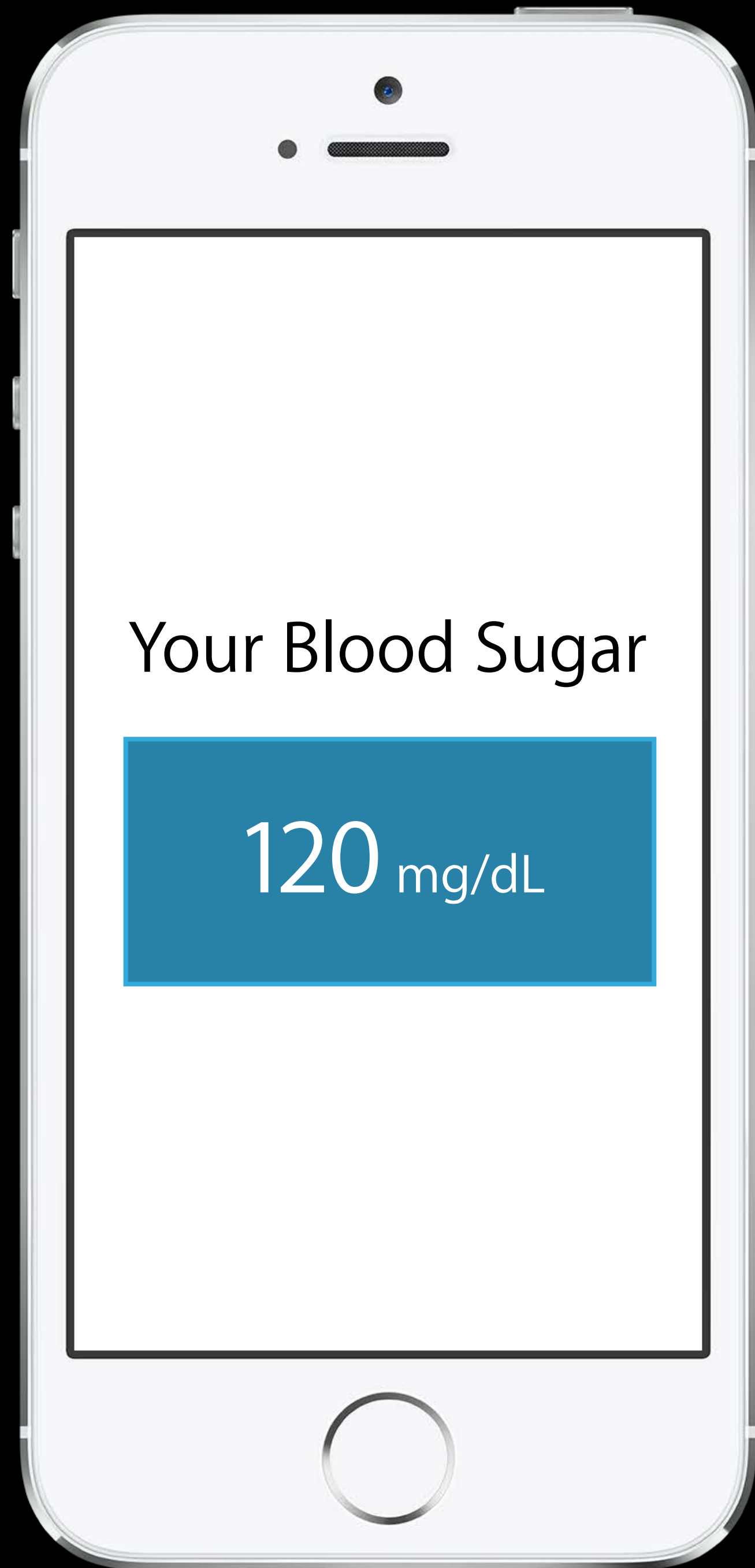
# HKStatistics

Separate by source

|          | t1 | t2 | t3 | t4 | t5 |
|----------|----|----|----|----|----|
| Source A | 5  | 5  | 2  | 2  | 8  |
| Source B | 6  | 5  |    |    | 8  |

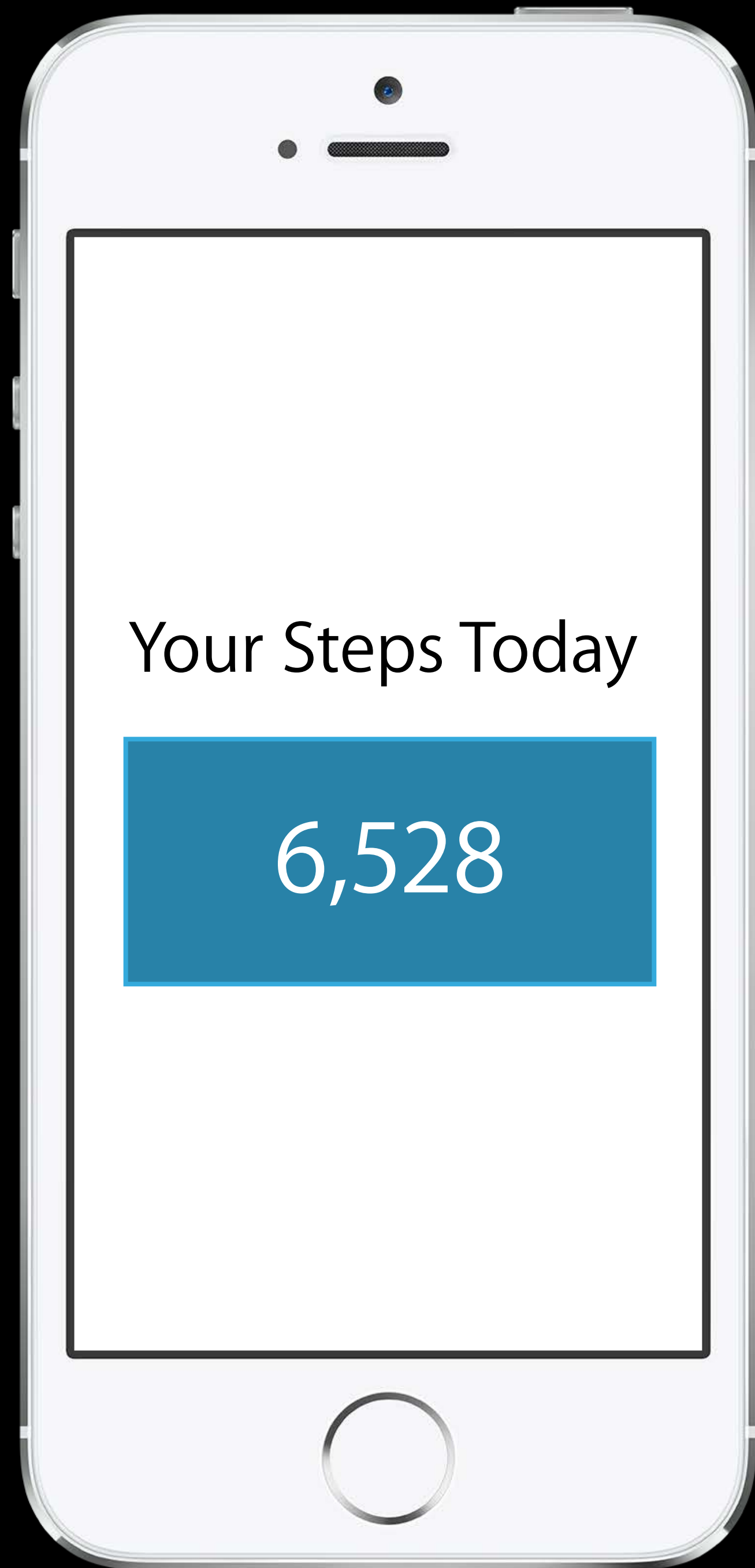
Source A = 22 steps

Source B = 19 steps



Your Blood Sugar

120 mg/dL



Your Steps Today

6,528

HKStatisticsQuery



# HKStatisticsQuery

Takes HKStatisticsOptions

# HKStatisticsQuery

Takes HKStatisticsOptions

Gives you back an HKStatistics object

# HKStatisticsQuery

Total steps today

```
HKQuantityType *stepCount = ...
NSPredicate *today = ...
HKStatisticsOptions sumOptions = HKStatisticsOptionCumulativeSum;
HKStatisticsQuery *query;
query = [[HKStatisticsQuery alloc] initWithQuantityType:stepCount
                                           quantitySamplePredicate:today
                                           options:sumOptions
                                           completionHandler:^(HKStatisticsQuery *query,
                                                                    HKStatistics *result,
                                                                    NSError *error)
{
    HKQuantity *sum = [result sumQuantity];
    NSLog(@"Steps: %lf", [sum doubleValueForUnit:[HKUnit countUnit]]);
}];
```

# HKStatisticsQuery

Total steps today

```
HKQuantityType *stepCount = ...
NSPredicate *today = ...
HKStatisticsOptions sumOptions = HKStatisticsOptionCumulativeSum;
HKStatisticsQuery *query;
query = [[HKStatisticsQuery alloc] initWithQuantityType:stepCount
                                         quantitySamplePredicate:today
                                         options:sumOptions
                                         completionHandler:^(HKStatisticsQuery *query,
                                                             HKStatistics *result,
                                                             NSError *error)
{
    HKQuantity *sum = [result sumQuantity];
    NSLog(@"Steps: %lf", [sum doubleValueForUnit:[HKUnit countUnit]]);
}];
```

# HKStatisticsQuery

Total steps today

```
HKQuantityType *stepCount = ...
NSPredicate *today = ...
HKStatisticsOptions sumOptions = HKStatisticsOptionCumulativeSum;
HKStatisticsQuery *query;
query = [[HKStatisticsQuery alloc] initWithQuantityType:stepCount
                                           quantitySamplePredicate:today
                                           options:sumOptions
                                           completionHandler:^(HKStatisticsQuery *query,
                                                                    HKStatistics *result,
                                                                    NSError *error)
{
    HKQuantity *sum = [result sumQuantity];
    NSLog(@"Steps: %lf", [sum doubleValueForUnit:[HKUnit countUnit]]);
}];
```

# HKStatisticsQuery

Total steps today

```
HKQuantityType *stepCount = ...
NSPredicate *today = ...
HKStatisticsOptions sumOptions = HKStatisticsOptionCumulativeSum;
HKStatisticsQuery *query;
query = [[HKStatisticsQuery alloc] initWithQuantityType:stepCount
                                           quantitySamplePredicate:today
                                           options:sumOptions
                                           completionHandler:^(HKStatisticsQuery *query,
                                                                HKStatistics *result,
                                                                NSError *error)
{
    HKQuantity *sum = [result sumQuantity];
    NSLog(@"Steps: %lf", [sum doubleValueForUnit:[HKUnit countUnit]]);
}];
```

# HKStatisticsQuery

Total steps today

```
HKQuantityType *stepCount = ...
NSPredicate *today = ...
HKStatisticsOptions sumOptions = HKStatisticsOptionCumulativeSum;
HKStatisticsQuery *query;
query = [[HKStatisticsQuery alloc] initWithQuantityType:stepCount
                                       quantitySamplePredicate:today
                                       options:sumOptions
                                       completionHandler:^(HKStatisticsQuery *query,
                                                           HKStatistics *result,
                                                           NSError *error)
{
    HKQuantity *sum = [result sumQuantity];
    NSLog(@"Steps: %lf", [sum doubleValueForUnit:[HKUnit countUnit]]);
}];
```

# HKStatisticsQuery

Total steps today

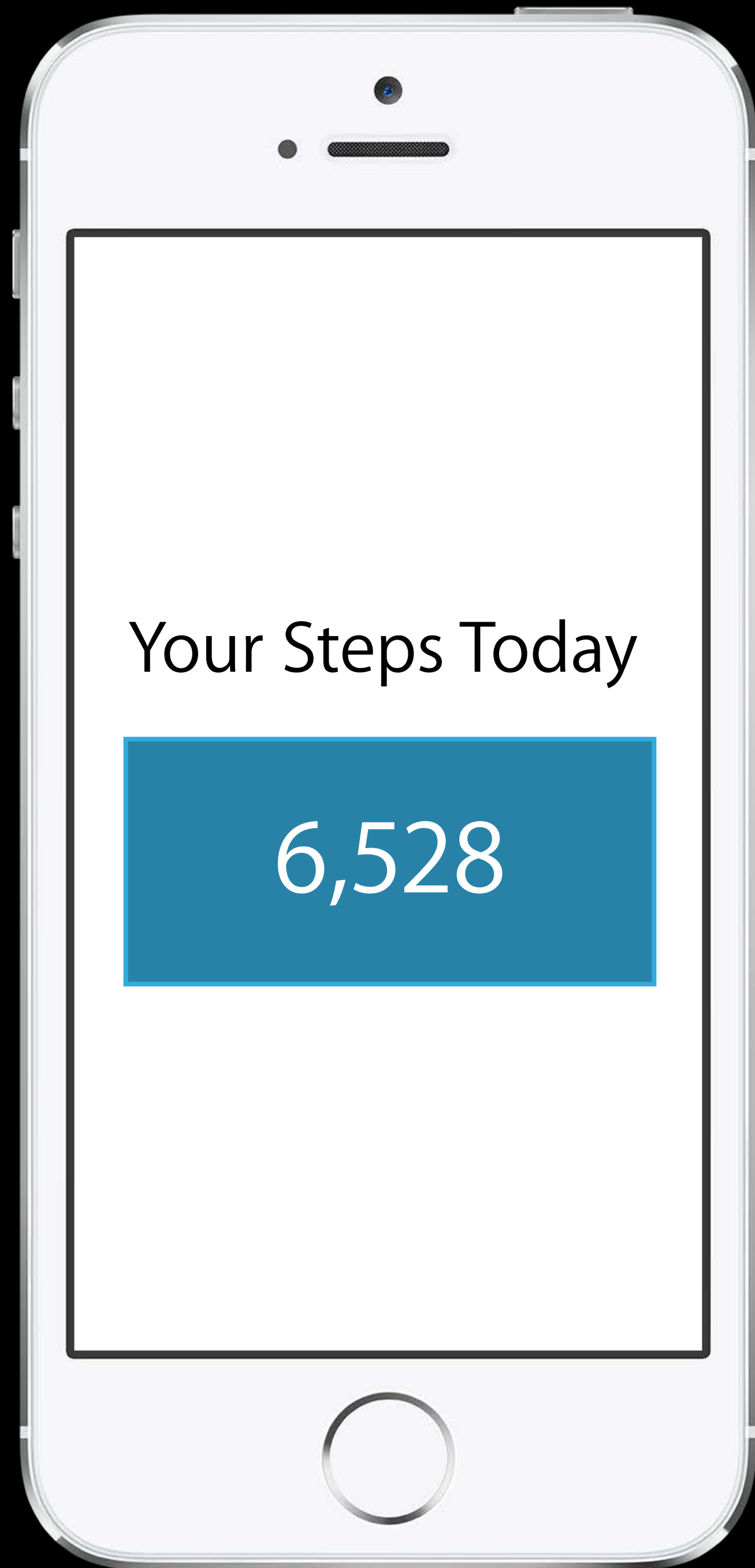
```
HKQuantityType *stepCount = ...
NSPredicate *today = ...
HKStatisticsOptions sumOptions = HKStatisticsOptionCumulativeSum;
HKStatisticsQuery *query;
query = [[HKStatisticsQuery alloc] initWithQuantityType:stepCount
                                           quantitySamplePredicate:today
                                           options:sumOptions
                                           completionHandler:^(HKStatisticsQuery *query,
                                                                HKStatistics *result,
                                                                NSError *error)
{
    HKQuantity *sum = [result sumQuantity];
    NSLog(@"Steps: %lf", [sum doubleValueForUnit:[HKUnit countUnit]]);
}];
```



# HKStatisticsQuery

Total steps today

```
HKQuantityType *stepCount = ...
NSPredicate *today = ...
HKStatisticsOptions sumOptions = HKStatisticsOptionCumulativeSum;
HKStatisticsQuery *query;
query = [[HKStatisticsQuery alloc] initWithQuantityType:stepCount
                                           quantitySamplePredicate:today
                                           options:sumOptions
                                           completionHandler:^(HKStatisticsQuery *query,
                                                                HKStatistics *result,
                                                                NSError *error)
{
    HKQuantity *sum = [result sumQuantity];
    NSLog(@"Steps: %lf", [sum doubleValueForUnit:[HKUnit countUnit]]);
}];
```



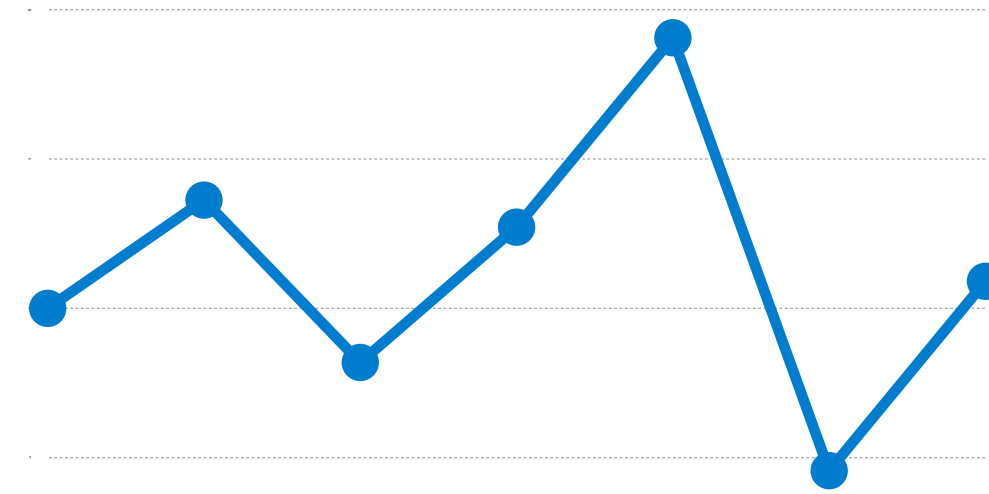
Your Steps Today

6,528

## Your Steps Today

6,528

## Your Steps This Week



Sun Mon Tue Wed Thu Fri Sat

# HKStatisticsCollection

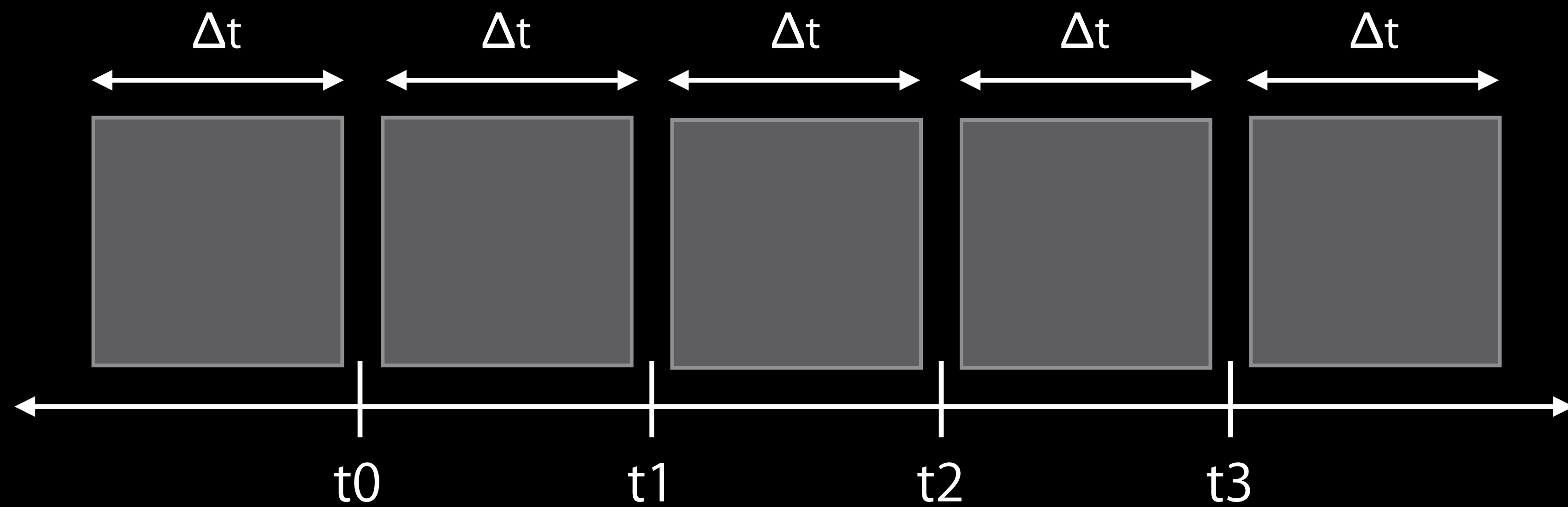
Contains multiple statistics objects

# HKStatisticsCollection

Contains multiple statistics objects

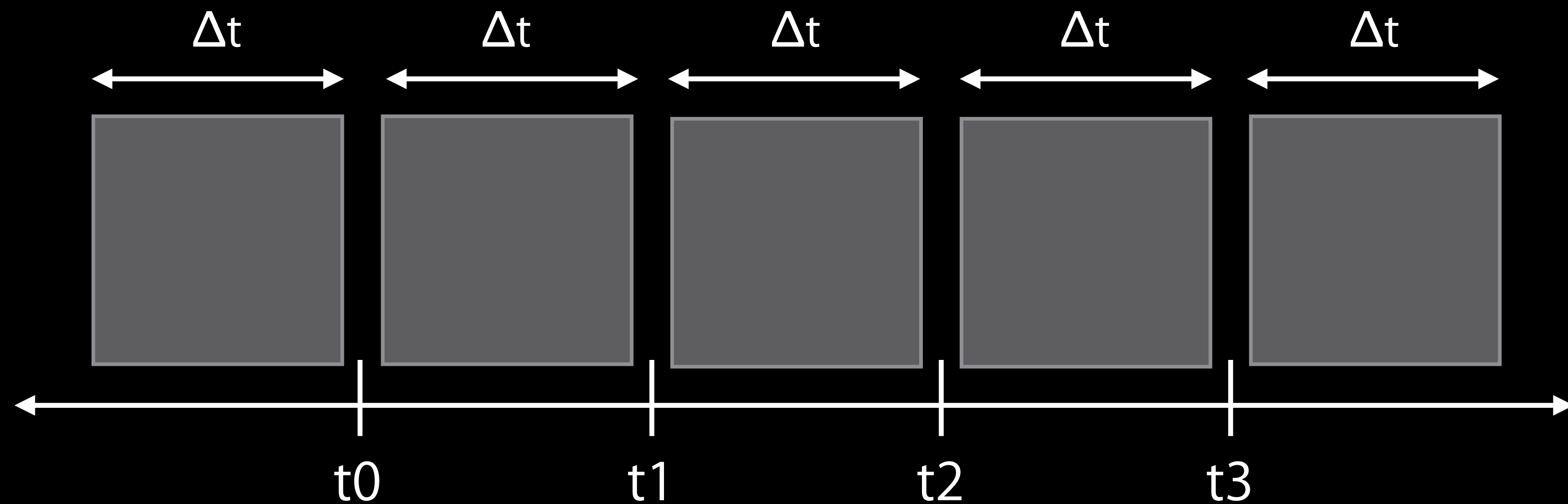
Splits time up into "intervals"

# HKStatisticsCollection



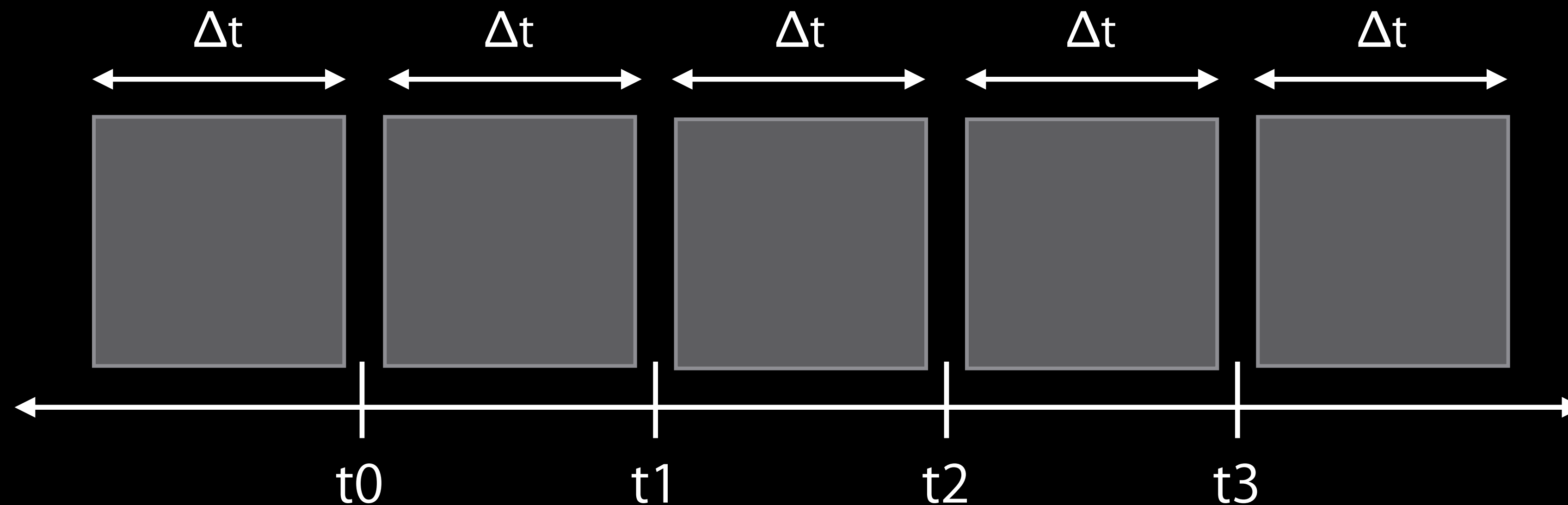
# HKStatisticsCollection

$\Delta t$  = Interval Components (NSDateComponents)



# HKStatisticsCollection

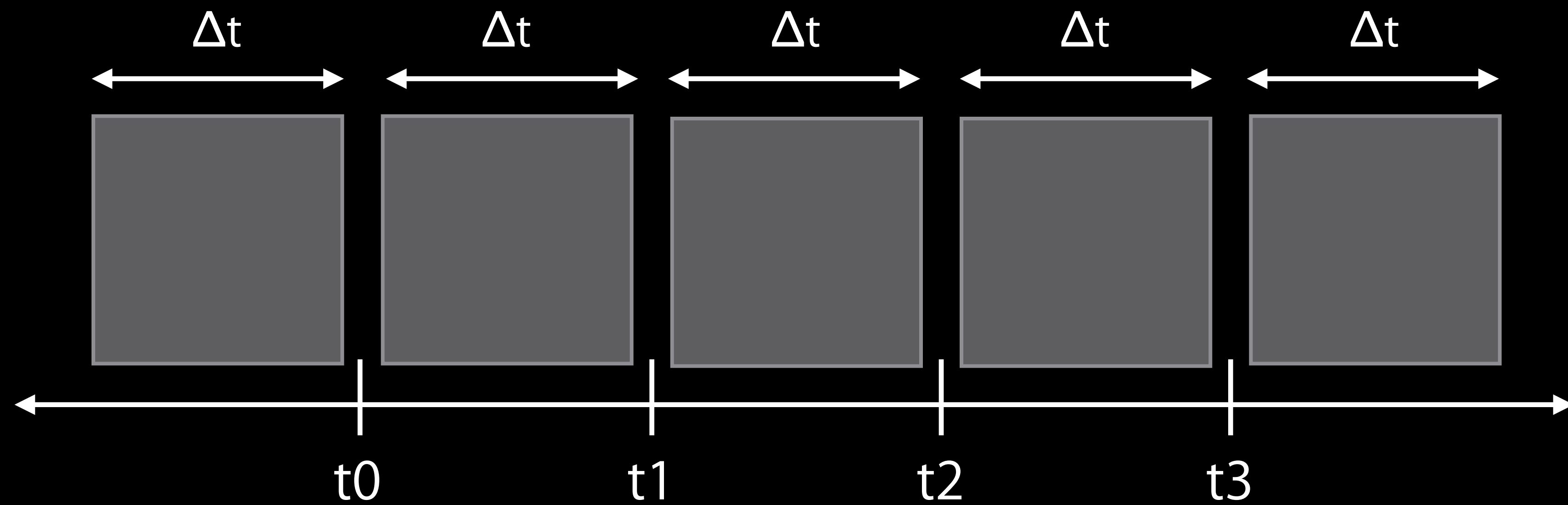
$\Delta t$  = Interval Components (NSDateComponents)



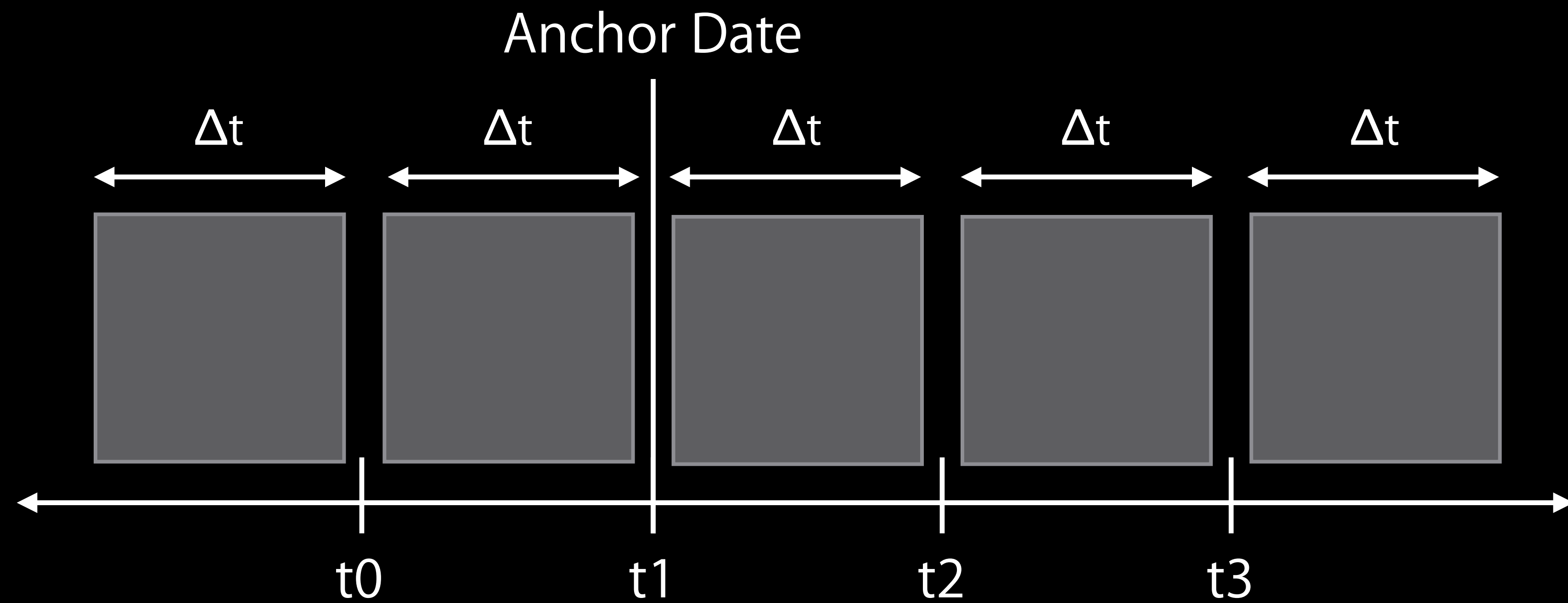


# HKStatisticsCollection

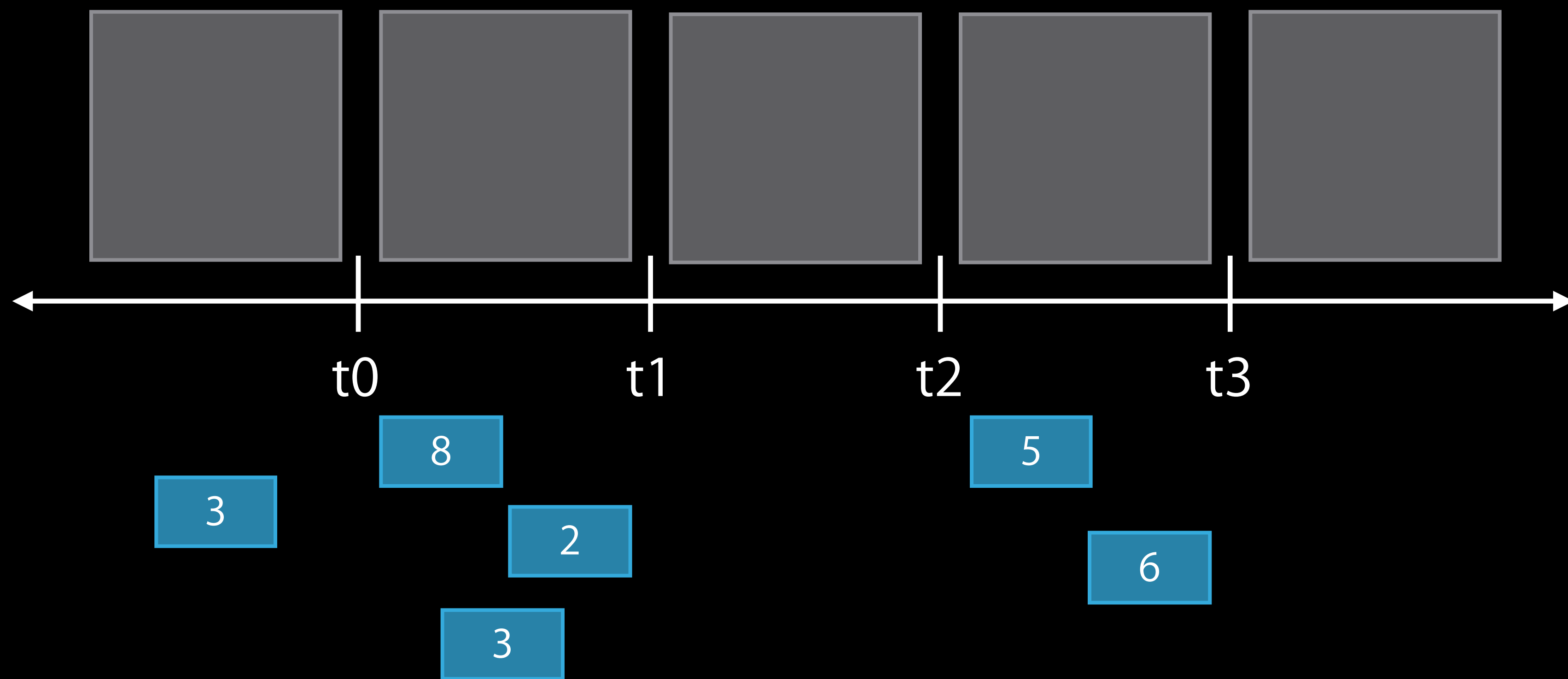
$\Delta t = 1$  day



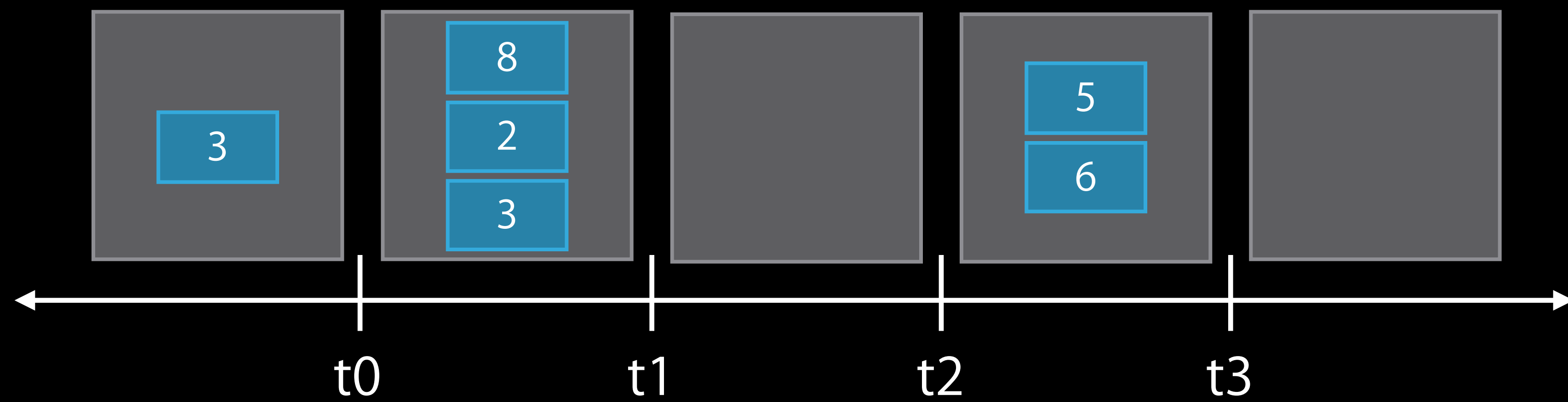
# HKStatisticsCollection



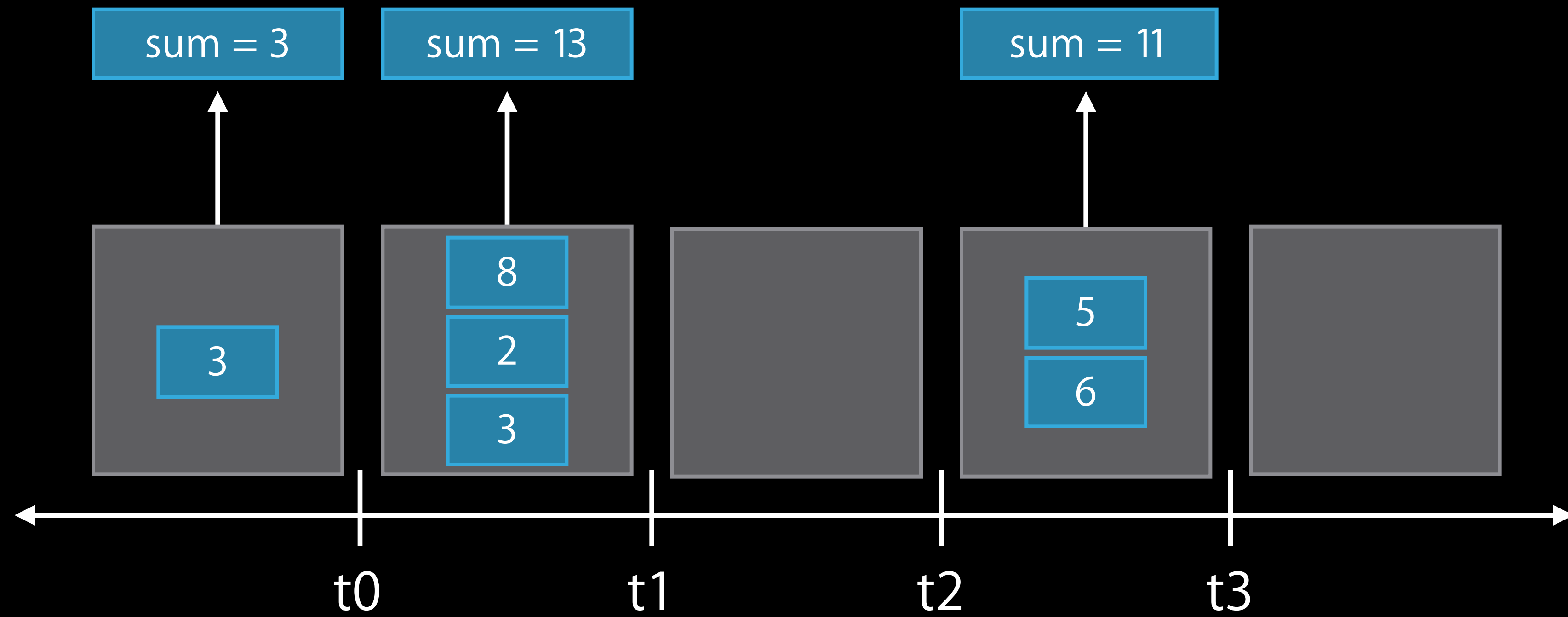
# HKStatisticsCollection



# HKStatisticsCollection



# HKStatisticsCollection



# HKStatisticsCollection

## Usage

```
@interface HKStatisticsCollection : NSObject

- (NSArray *)statistics;
- (HKStatistics *)statisticsForDate:(NSDate *)date;
- (void)enumerateStatisticsFromDate:(NSDate *)startDate
                               toDate:(NSDate *)endDate
                               block:(void(^)(HKStatistics *stats, BOOL *stop))block;

@end
```

# HKStatisticsCollection

## Usage

```
@interface HKStatisticsCollection : NSObject
```

```
- (NSArray *)statistics;
```

```
- (HKStatistics *)statisticsForDate:(NSDate *)date;
```

```
- (void)enumerateStatisticsFromDate:(NSDate *)startDate  
                                toDate:(NSDate *)endDate
```

```
                                block:(void(^)(HKStatistics *stats, BOOL *stop))block;
```

```
@end
```

# HKStatisticsCollection

## Usage

```
@interface HKStatisticsCollection : NSObject
```

```
- (NSArray *)statistics;
```

```
- (HKStatistics *)statisticsForDate:(NSDate *)date;
```

```
- (void)enumerateStatisticsFromDate:(NSDate *)startDate  
                                toDate:(NSDate *)endDate
```

```
                                block:(void(^)(HKStatistics *stats, BOOL *stop))block;
```

```
@end
```



# HKStatisticsCollection

## Usage

```
@interface HKStatisticsCollection : NSObject
```

```
- (NSArray *)statistics;
```

```
- (HKStatistics *)statisticsForDate:(NSDate *)date;
```

```
- (void)enumerateStatisticsFromDate:(NSDate *)startDate  
                                toDate:(NSDate *)endDate
```

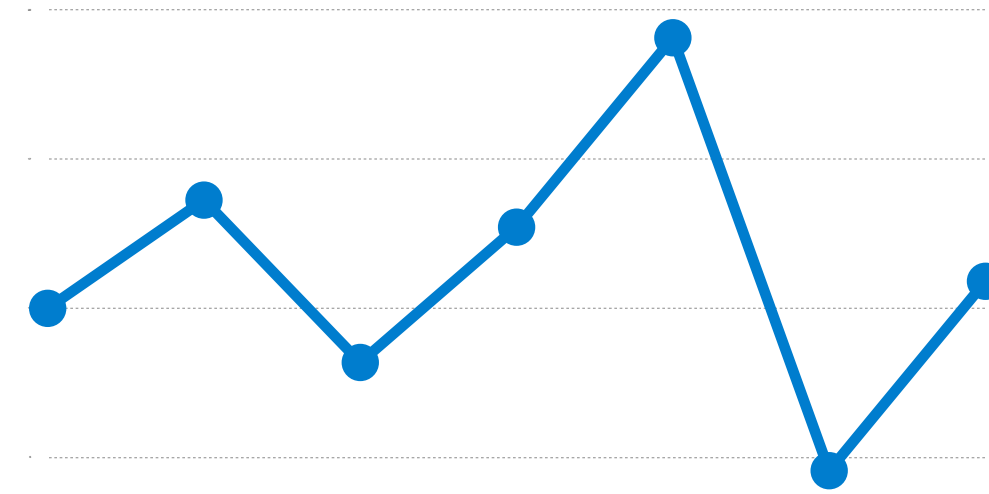
```
                                block:(void(^)(HKStatistics *stats, BOOL *stop))block;
```

```
@end
```

## Your Steps Today

6,528

## Your Steps This Week

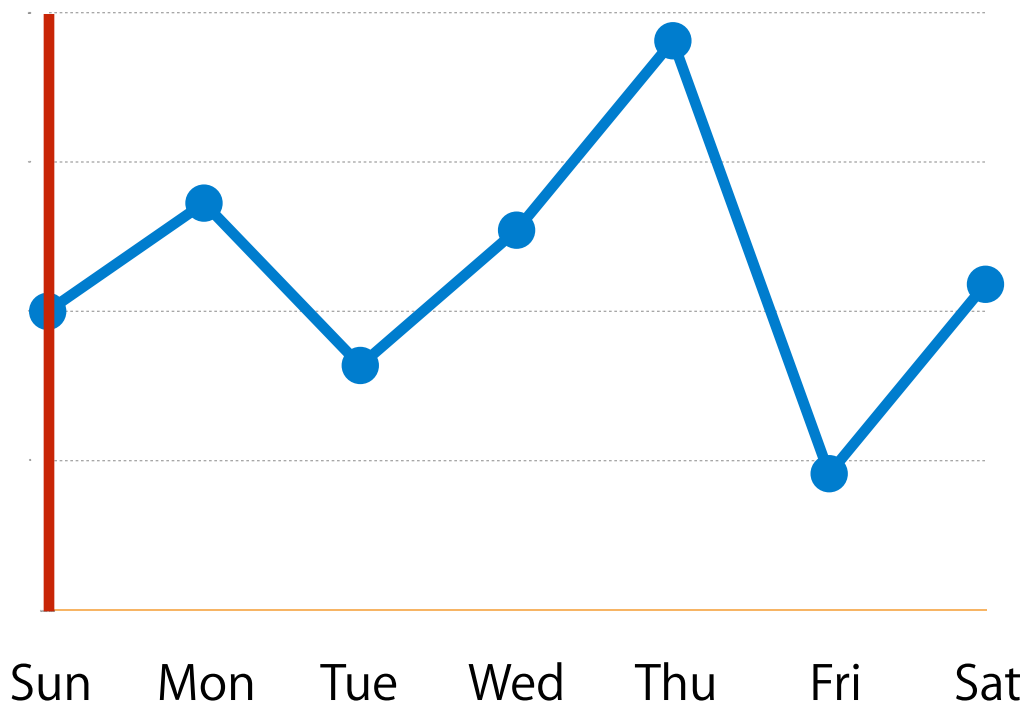


Sun Mon Tue Wed Thu Fri Sat

## Your Steps Today

6,528

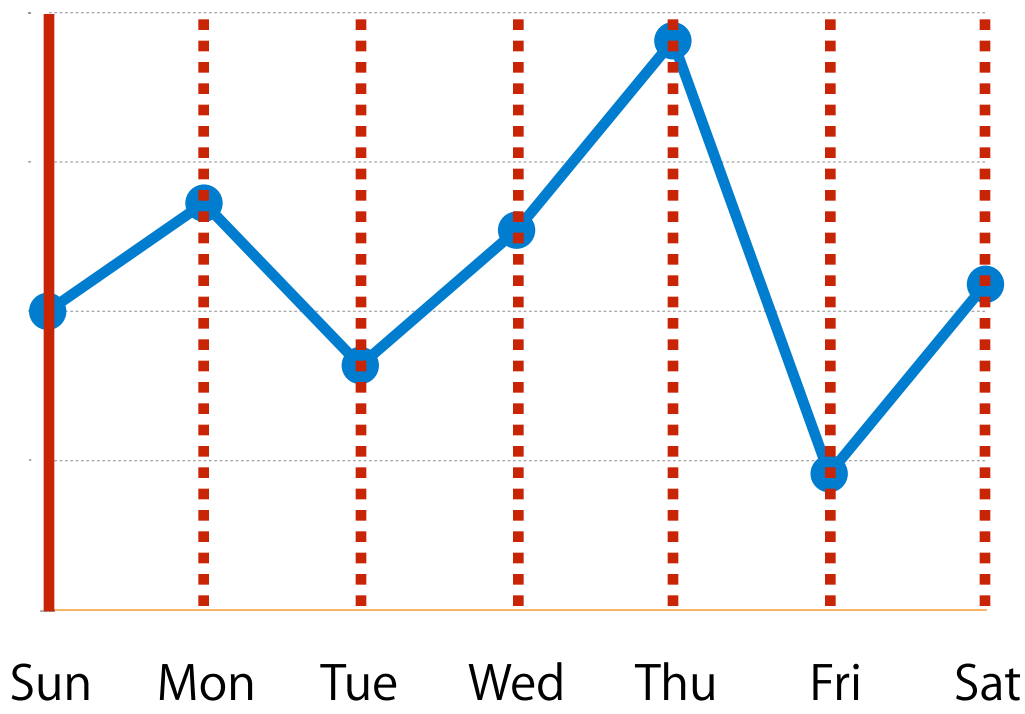
## Your Steps This Week



## Your Steps Today

6,528

## Your Steps This Week



HKStatisticsCollectionQuery

# HKStatisticsCollectionQuery

Statistics options

# HKStatisticsCollectionQuery

Statistics options

Anchor date

# HKStatisticsCollectionQuery

Statistics options

Anchor date

Interval components



# HKStatisticsCollectionQuery

Statistics options

Anchor date

Interval components

Gives you back an HKStatisticsCollection

*Demo*

Fitness Tracker

Siji Rachel Tom

iOS Software Engineer

# Demo

## Agenda

# Demo

## Agenda

Surfacing data from other applications

# Demo

## Agenda

Surfacing data from other applications

Reading and writing your own data

# Demo

## Agenda

Surfacing data from other applications

Reading and writing your own data

Queries

# Demo

## Goal

Net Energy Burn = Total Active Energy Burned - Total Consumed Energy



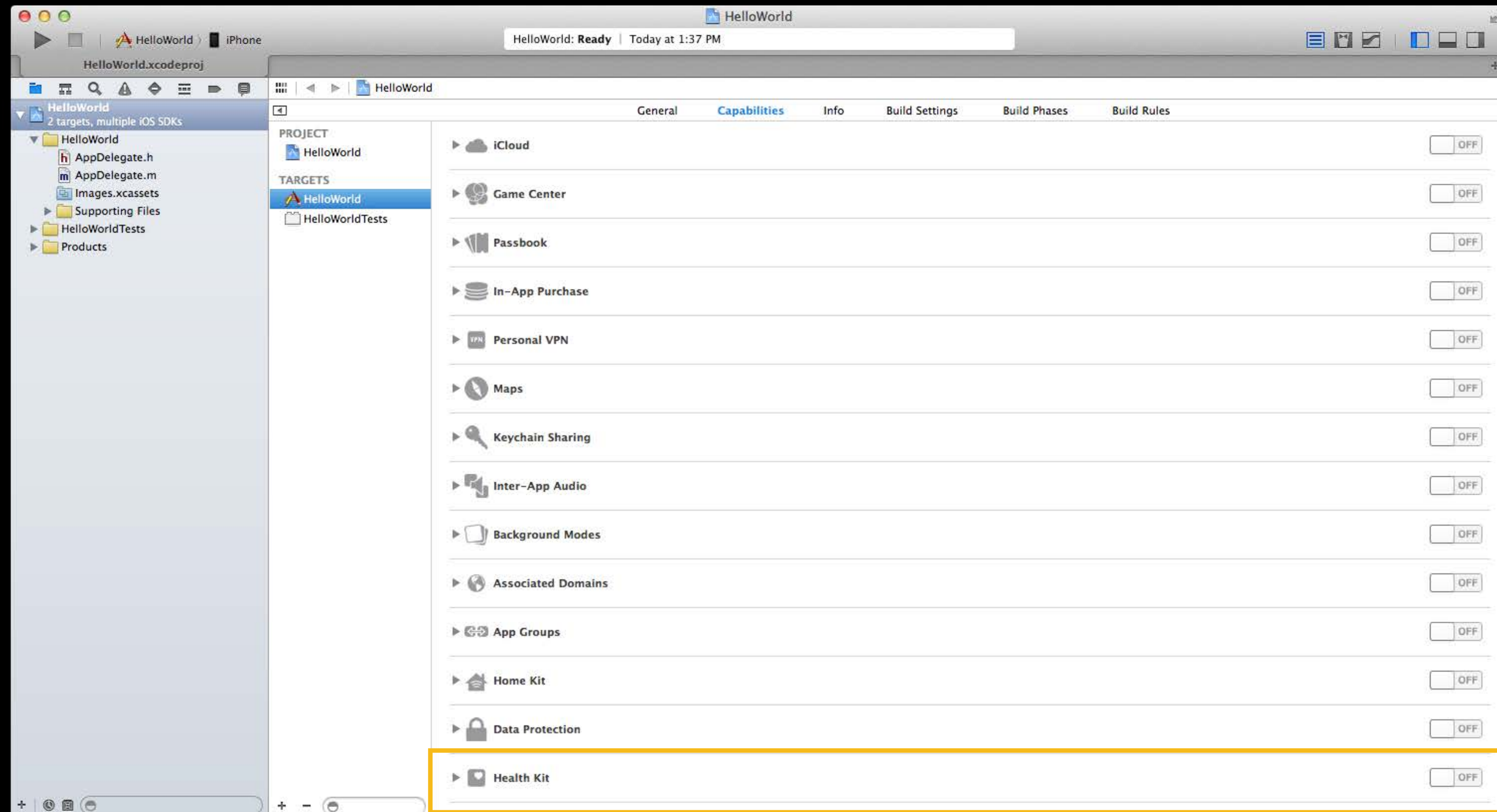


# HealthKit Best Practices

# Accessing HealthKit

## Capabilities

# Accessing HealthKit Capabilities



# Privacy and Permissions

Requesting authorization

Health data is sensitive!

# Privacy and Permissions

Requesting authorization

Health data is sensitive!

Per object type

# Privacy and Permissions

Requesting authorization

Health data is sensitive!

Per object type

Separate read and write

# Privacy and Permissions

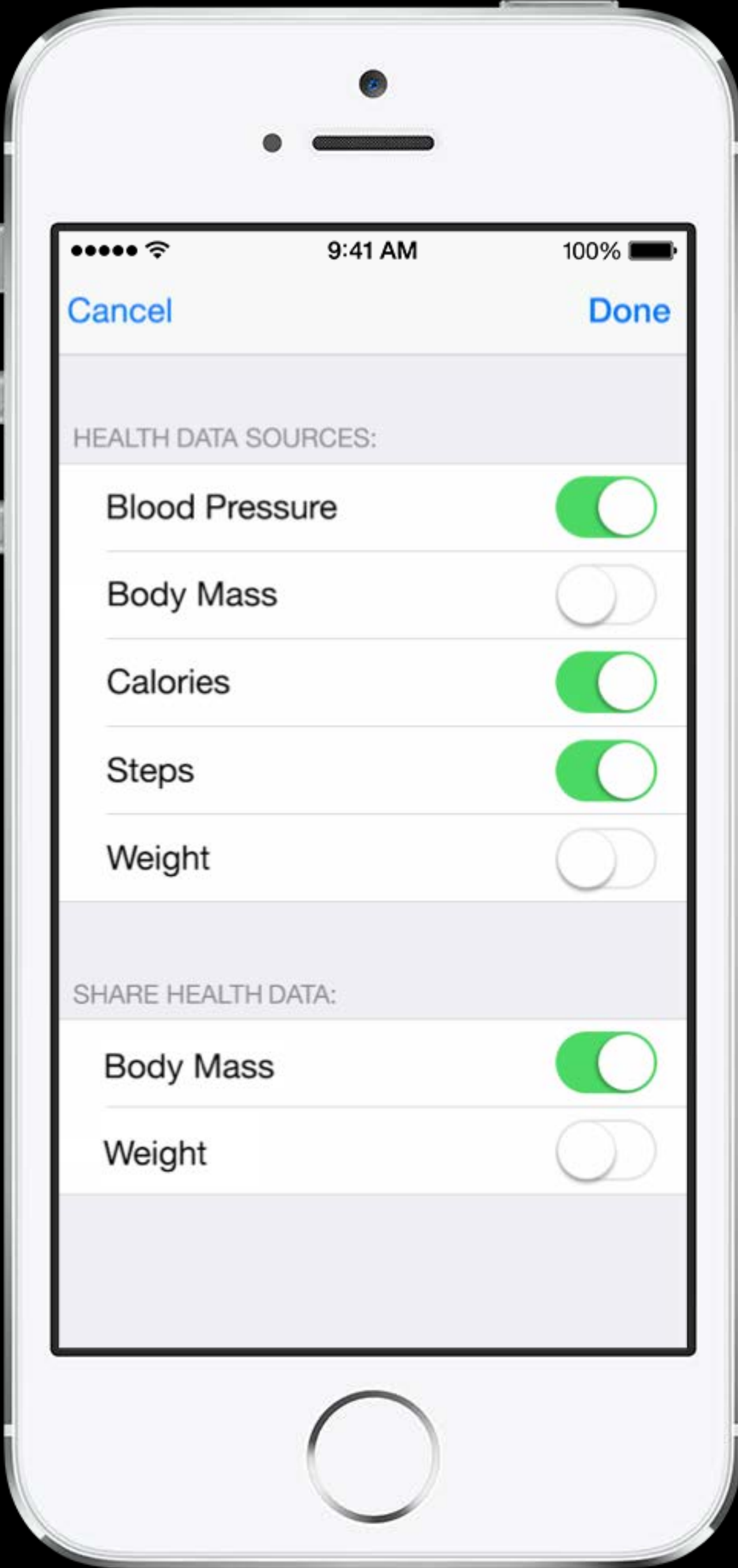
## Requesting authorization

Health data is sensitive!

Per object type

Separate read and write

```
- (void)requestAuthorizationToShareTypes:(NSSet *)typesToShare  
    readTypes:(NSSet *)typesToRead  
    completion:(void(^)(BOOL success, NSError *error))completion;
```



9:41 AM 100%

Cancel Done

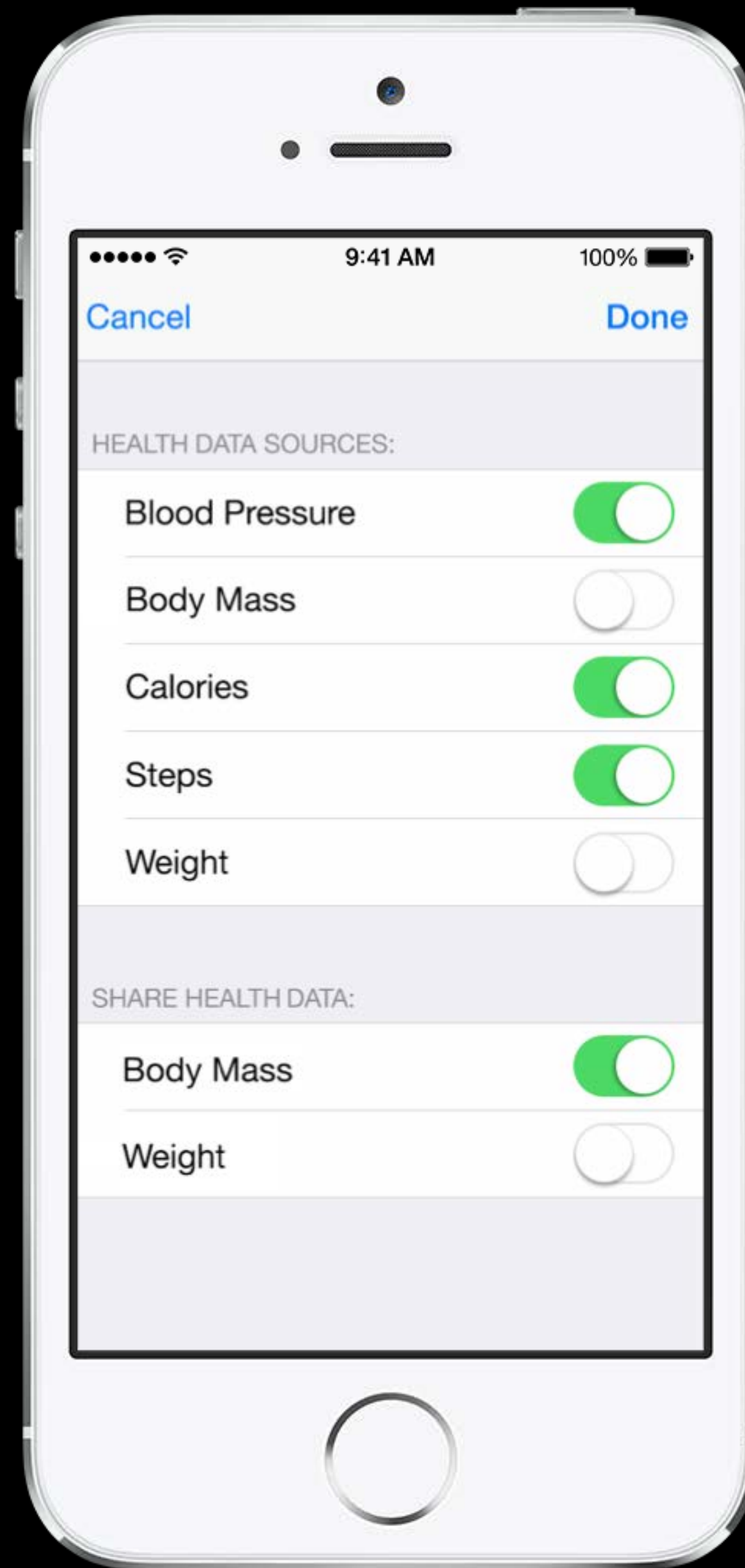
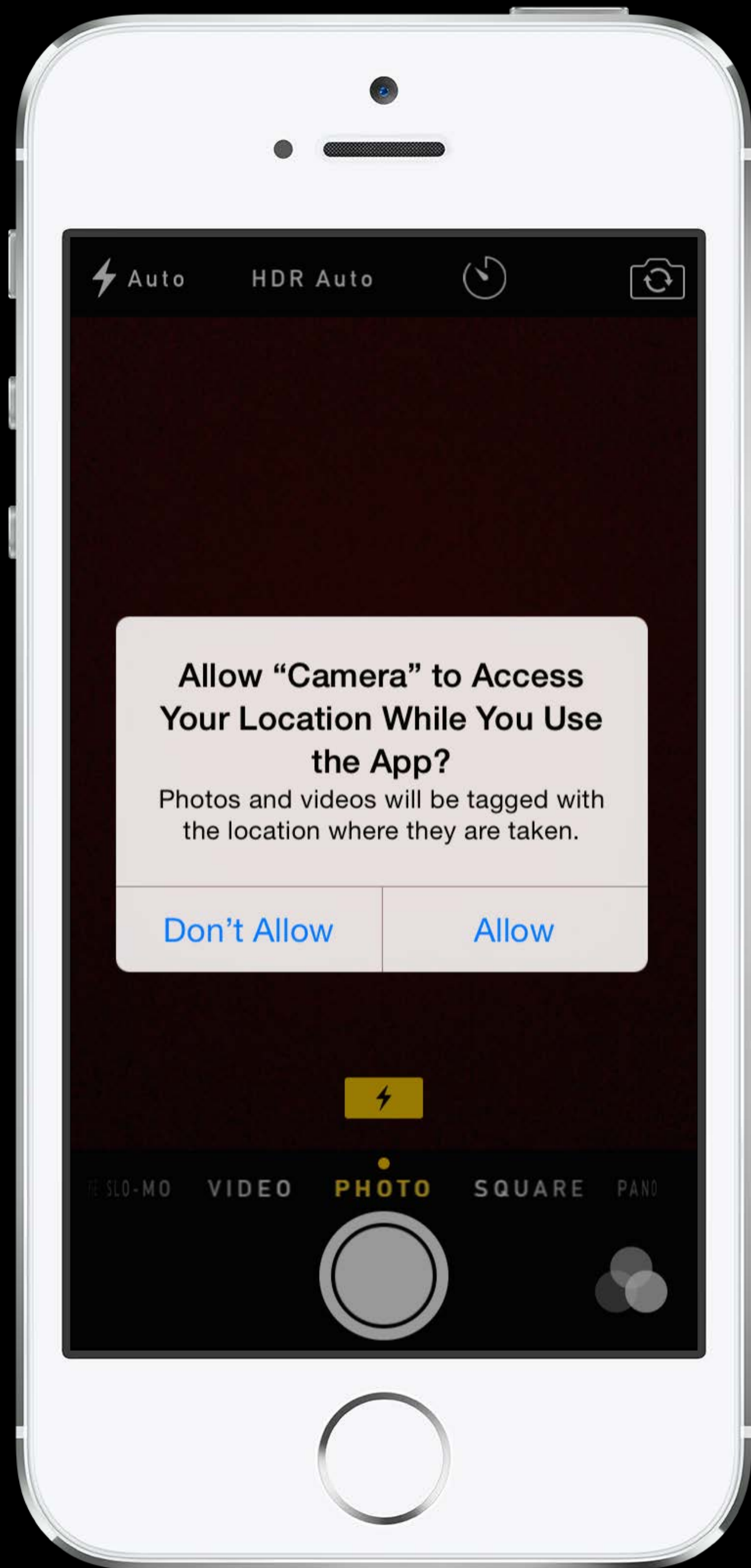
HEALTH DATA SOURCES:

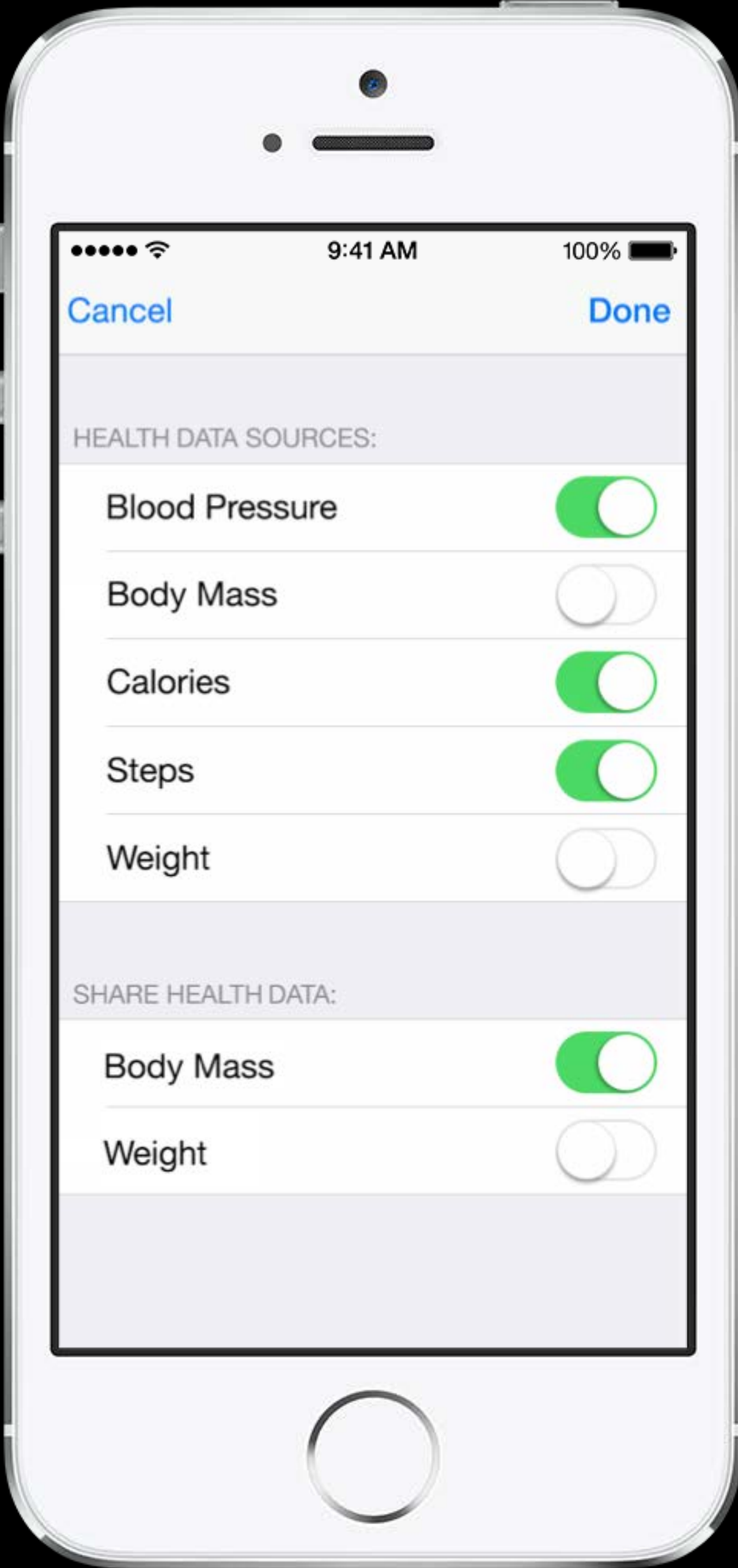
- Blood Pressure
- Body Mass
- Calories
- Steps
- Weight

SHARE HEALTH DATA:

- Body Mass
- Weight







9:41 AM 100%

Cancel Done

HEALTH DATA SOURCES:

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- Body Mass
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SHARE HEALTH DATA:

- Body Mass
- Weight

# Privacy and Permissions

Requesting authorization

Access to sharing authorization

No access to reading authorization

# Privacy and Permissions

## Requesting authorization

Access to sharing authorization

No access to reading authorization

```
typedef NS_ENUM(NSInteger, HKAuthorizationStatus) {  
    HKAuthorizationStatusNotDetermined = 0,  
    HKAuthorizationStatusSharingDenied,  
    HKAuthorizationStatusSharingAuthorized,  
}
```

– `(HKAuthorizationStatus)authorizationStatusForType:(HKObjectType *)type;`

# Localization

NSNumberFormatter APIs

# Localization

## NSNumberFormatter APIs

NSNumberFormatter

NSDateFormatter

NSNumberFormatter

# Localization

## NSNumberFormatter APIs

NSNumberFormatter

NSDateFormatter

NSNumberFormatter

NSNumberFormatter

NSNumberFormatter

NSNumberFormatter

# Localization

## NSNumberFormatter APIs

---

Weight

NSNumberFormatterMassFormatter

---

Energy

NSNumberFormatterEnergyFormatter

---

Distance

NSNumberFormatterLengthFormatter

---



# NSMassFormatter

## Formatting strings

```
NSMassFormatter *formatter = [[NSMassFormatter alloc] init];  
formatter.forPersonMassUse = YES;
```

```
HKQuantity *weight = ...
```

```
double weightInKg = [weight doubleValueForUnit:[HKUnit unitFromString:@"kg"]];
```

```
NSString *localizedString = [formatter stringFromKilograms:weightInKg];
```

# NSMassFormatter

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```

# NSMassFormatter

## Retrieving units

```
NSMassFormatter *formatter = [[NSMassFormatter alloc] init];  
formatter.forPersonMassUse = YES;
```

```
NSMassFormatterUnit unit;
```

```
NSString *localizedString = [formatter unitStringFromKilograms:50  
                             usedUnit:&unit];
```

# Summary

Store and Share Health Data





# Summary

# Summary

Try out HealthKit

# Summary

Try out HealthKit

Download sample code

# Summary

Try out HealthKit

Download sample code

Come to our labs

# More Information

Dave DeLong

App Frameworks Evangelist

[delong@apple.com](mailto:delong@apple.com)

David Harrington

Sr. Manager Hardware Evangelist

[david@apple.com](mailto:david@apple.com)

Sample Code

Fitness Tracker

[https://developer.apple.com/library/ios/fit\\_sample](https://developer.apple.com/library/ios/fit_sample)

Apple Developer Forums

<http://devforums.apple.com>

# Related Sessions

- 
- Designing Accessories for iOS and OS X      Nob Hill      Tuesday 9:00AM
-

# Labs

- 
- HealthKit Lab Services Lab A Tuesday 11:30AM
  - HealthKit Lab Services Lab B Friday 9:00AM
-



 WWDC14